

Monday	Tuesday	Wednesday	Thursday	Friday
Current Events 1 Open Discussion 10:30 Devotions- Melissa Seated Stretch Dark Chocolate Day/Tasting Bingo First Time Trivia/Discussion Water coloring	Current Events 2 Open Discussion 11:00 – Devotions Seated Stretch Groundhog Day Discussion Everest Dice Game Football Trivia	Current Events 3 Open Discussion 10:30 – Chapel Service Seated Stretch Crossword Puzzle Trivia Tissue Paper Heart Craft Norman Rockwell Discussion	Current Events 4 Open Discussion 10:30 – MacPhail Music Seated Stretch Name 10 Game Tissue Paper Heart Craft Pepsi-Coke Challenge Eat, Wear, or Drive?	*Wear Football Attire* 5 Open Discussion 10:30 Devotions Seated Stretch Superbowl Party Superbowl Bingo Football Trivia
Current Events 8 10:30 Devotions Seated Stretch Everest Dice Game February Trivia Remembering Love Songs Who Married Who? Trivia Sweet Heart Caper	*Pizza Lunch* 9 Current Events 11:00 – Devotions Seated Stretch Sing a long Health Topic- Heart Health Crossword Puzzle Bingo	Currents Events 10 10:30 – Chapel Service Seated Stretch Health Topic- Heart Health Awareness Month Make Valentine's Day Cards Ice Cream Sundaes Trivia	Currents Events 11 10:30 – MacPhail Music Seated Stretch Inventor's Day Discuss Health Topic- Heart Health Who Married Who? Trivia Remembering Love Songs Sweet Heart Caper	Current Events 12 10:30 Devotions Seated Stretch 1:00 Northern Clay Class Chinese New Year Party Valentine's Day Discussion/Trivia
President's Day 15 Current Events Presidents Discussion 10:30 Devotions Seated Stretch Hippo Day Facts/Trivia Patriotic Sing A Long	Current Events 16 11:00 – Devotions Seated Stretch Name 10 Game Madi Gras Discussion Fat Tuesday Happy Hour Black History Month Discussion	Current Events 17 10:30 – Chapel Service Seated Stretch Bingo Mandala Art Underground Railroad Eat, Wear, or Drive?	Bring a Picture of Pet 18 Current Events 10:30 – MacPhail Music Seated Stretch Pet Discussion Name 10 Game Pet Bingo Pet Bloopers Video	Current Events 19 10:30 Devotions Seated Stretch 1:00 Northern Clay Class February Trivia Poetry Readings Everest Dice Game Chocolate Mint Day
Current Events 22 10:30 Devotions Seated Stretch Black History Month- Rosa Parks Art w/Heart Class Trivia	February B-day Party 23 Current Events 11:00 – Devotions Seated Stretch Norman Rockwell Discussion Mandala Art Trivia	Bring a Picture of Pet 24 Current Events 10:30 – Chapel Service Seated Stretch Pet Discussion Name 10 Game Bingo National Tortilla Chip Day	Current Events 25 10:30 – MacPhail Music Seated Stretch Bingo Norman Rockwell Discussion Mandala Art	Current Events 26 10:30 Devotions Seated Stretch Star of the Month- Johnny Cash Bingo Sing A Long Grand Canyon Discussion

February 2021

Ebenezer Ridges Adult Day Center
13810 Community Drive
Burnsville, MN 553337 952-898-3085