

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019



Arbors at Ridges Events Calendar

<p>9:30 Morning Devotions - CR</p> <p>1:00 Afternoon Movie - TH</p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Arthritis Foundation</i> Exercise Class - CR</p> <p>10:45 Morning Greetings with Ebenezer Preschoolers</p> <p>12:15 Pet Visits with Finnegan-CR</p> <p>*12:45 Community Service Outing: Feed My Starving Children (Berean Baptist Church - Burnsville)</p> <p>1:15 Bible Study - CH</p> <p>2:45 Arbor Lites Choir Practice-CR</p> <p>3:30 Happy Hour - CR</p> <p>6:00 Card Games with Vicky - CR</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>10:30 Catholic Communion - CH</p> <p>1:00 Caregiver Spotlight: Ashley J. (Executive Director) - CR</p> <p>2:00 Encouragement/Grief Support Group with Chaplain Darin - CH</p> <p>3:00 Happy Hour - CR</p> <p>6:00 Evening Movie: A Dog's Purpose - TH</p> <p><small>Chinese New Year</small></p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 Memorial Service - CR</p> <p>10:30 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>*1:00 Shopping Trip: Abdallah Candies & Gifts (Burnsville)</p> <p>1:30 Dime Bingo - CR</p> <p>2:30 Pet Visits with Charolette</p> <p>3:00 Chef's Special Social Hour (with piano music by Volunteer Sarah) - CR</p> <p>6:30 Catholic Rosary - CH</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>10:45 Wellness Virtual Reality (VR) Travel Club with Chris - CR</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR</p> <p>2:00 Manicures (By Appt. - 2nd floor)</p> <p>3:00 Happy Hour - CR</p> <p>6:00 Music Videos with Erin - CR</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Arthritis Foundation</i> Exercise Class - CR</p> <p>10:00 Project Veteran Pet Visits</p> <p>10:45 In the News - CR</p> <p>*1:00 Shopping Trip: Target (Burnsville)</p> <p>1:30 Wii Bowling - TH</p> <p>3:00 Hot Cocoa Social - CR</p> <p>6:00 Evening Movie: Mama Mia!: Here We Go Again - TH</p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>10:30 Cards & Games - CR</p> <p>10:45 Friendship Visits</p> <p>1:00 Showcase of 1940's & 50's Actors/Actresses with Amy - CR</p> <p>3:00 Afternoon Refreshments - CR</p> <p><small>Groundhog Day</small></p>
<p>9:30 Morning Devotions - CR</p> <p>1:00 Afternoon Movie - TH</p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 Arthritis Foundation Exercise Class - CR</p> <p>10:45 Valentine Project with Ebenezer Preschoolers - CR</p> <p>12:15 Pet Visits with Finnegan-CR</p> <p>1:15 Bible Study - CH</p> <p>2:45 Arbor Lites Choir Practice-CR</p> <p>3:30 Happy Hour - CR</p> <p>6:00 Rick Steves' Travel Series: Sicilian Delights - TH</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>*10:30 Catholic Mass - ECH</p> <p>1:00 Food Forum - CR</p> <p>2:00 Valentines with Sinatra Music by Bill Rasmussen - CR</p> <p>3:30 Happy Hour - CR</p> <p>6:00 Evening Movie: Meet My Valentine - TH</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 Communion Service - CR</p> <p>11:00 Art with Heart with Artists Debbie & Sue - WR</p> <p>*11:00 Lunch Outing: Olive Garden (Burnsville)</p> <p>1:30 Dime Bingo - CR</p> <p>2:30 Pet Visits with Charolette</p> <p>3:00 Chef's Special Social Hour - CR</p> <p>6:30 Catholic Rosary - CH</p>	<p>7:45 Coffee Chats - CR</p> <p>9:00 Miracle Ear Hearing Clinic-CH</p> <p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>12:00 Valentine Pizza Lunch with Ebenezer Preschoolers - CR</p> <p>1:00 Legacy Project Visits with MNCAPS Students</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR</p> <p>3:00 Valentine Soda Social with music by Bob & Mary - CR</p> <p>4:30 Special Valentine Dinner - DR</p> <p><small>Valentine's Day</small></p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Arthritis Foundation</i> Exercise Class - CR</p> <p>10:45 In the News - CR</p> <p>*1:00 Shopping Trip: Cub Foods (Burnsville)</p> <p>1:30 Wii Bowling - TH</p> <p>3:00 Hot Cocoa Social - CR</p> <p>6:00 Evening Movie: God's Best Friend - TH</p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>10:30 Cards & Games - CR</p> <p>10:45 Friendship Visits</p> <p>*1:00 Outing: Burnhaven Library (Burnsville) Civil Rights & Voting Presentation</p> <p>1:30 Adult Coloring for Relaxation - CS</p> <p>3:00 Afternoon Refreshments - CR</p>
<p>9:30 Morning Devotions - CR</p> <p>1:00 Afternoon Movie - TH</p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 Arthritis Foundation Exercise Class - CR</p> <p>10:45 Massages with Senior Massage Therapy - WR</p> <p>12:15 Pet Visits with Finnegan-CR</p> <p>1:15 Bible Study - CH</p> <p>2:45 Arbor Lites Choir Practice-CR</p> <p>3:30 Happy Hour - CR</p> <p>*4:30 Men's Group Dinner Outing: Chianti Grill (Burnsville)</p> <p>6:00 Card Games with Vicky - CR</p> <p><small>Presidents Day (US)</small></p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>*11:00 Ebenezer Ridges Intergenerational Birthday Party - Arbors MC Community Room</p> <p>1:00 Resident Forum - CR</p> <p>2:00 Life History Visits</p> <p>3:00 Happy Hour - CR</p> <p>*3:45 Catholic Mass - ECH</p> <p>6:00 Evening Movie: Sweet Bean - TH</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 Worship Service - CR</p> <p>10:30 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>*11:00 Lunch Outing: Bakers Square (Apple Valley)</p> <p>1:30 Dime Bingo - CR</p> <p>2:30 Pet Visits with Charolette</p> <p>3:00 Chef's Special Social Hour (with piano music by Sarah) - CR</p> <p>6:30 Catholic Rosary - CH</p>	<p>7:45 Coffee Chats - CR</p> <p>8:00 Special Breakfast - DR</p> <p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>10:45 Wellness Virtual Reality (VR) Travel Club with Chris - CR</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR</p> <p>2:00 Manicures (By Appt. - 2nd floor)</p> <p>3:00 Happy Hour - CR</p> <p>6:00 Music Videos with Erin - CR</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Arthritis Foundation</i> Exercise Class - CR</p> <p>10:45 In the News - CR</p> <p>*1:00 Shopping Trip: Target (Burnsville)</p> <p>*2:00 Historical Presentation by David Jones: Mount Rushmore - ECH</p> <p>3:00 Hot Cocoa Social - CR</p> <p>6:00 Evening Movie: Life As We Know It - TH</p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>10:45 Photo/Travel Stories with Erin - CR</p> <p>1:00 Sacred Animal Discussion with Erin - CR</p> <p>3:00 Afternoon Refreshments - CR</p>
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LOCATION KEY: CH = Arbors Chapel (1st floor); CR = Community Room (1st floor); CS = Care Suites Dining Room (1st floor); DR = Dining Room (1st floor); ECH = Ebenezer Chapel; PDR = Private Dining Room (1st floor); TH = Theater Room (1st floor); WR = Wellness Room (1st floor)