

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# August 2018

## Arbors at Ridges Events Calendar

<p><b>9:30 Morning Devotions - CR</b></p> <p>10:30 Walking Club - Meet in Lobby</p> <p><b>1:00 Afternoon Movie - TH</b></p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>9:30 Balance Exercise Class - CR</p> <p><b>10:15 Buggy Visits with Ebenezer Infants - CR</b></p> <p><b>10:45 Morning Greetings from Ebenezer Preschoolers</b></p> <p>1:15 Bible Study - CH</p> <p><b>2:00 Creative Corner (Open Art) - WR</b></p> <p><b>2:45 Arbor Lites Choir Practice-CR</b></p> <p>3:30 Happy Hour - CR/Patio</p> <p><b>6:00 Rick Steves' Travel Series: Copenhagen - TH</b></p>	<p>9:30 SAIL Fitness Class - CR</p> <p><b>10:30 Catholic Communion - CH</b></p> <p><b>1:15 MacPhail Center for Music "Music for Life" Program - CR</b></p> <p>2:00 Manicures (By Appt. - 2<sup>nd</sup> floor)</p> <p>2:30 Pet Visits with Charolette</p> <p>3:00 Happy Hour - CR</p> <p><b>6:00 Evening Movie: The Hiding Place - TH</b></p>	<p><b>9:30 Ebenezer Memorial Service - CR</b></p> <p><b>*10:15 Outing: St. Croix Riverboat Luncheon Cruise</b></p> <p><b>10:45 Northern Clay Center Pottery Class - WR</b></p> <p>1:30 Dime Bingo - CR</p> <p><b>3:00 Meet Me at the Fair Social: Pronto Pups - CR</b></p> <p><b>6:30 Catholic Rosary - CR</b></p>	<p>9:30 SAIL Fitness Class - CR</p> <p>10:45 Life History Visits</p> <p><b>1:30 Dakota County Fair Presentation by Dakota County Historical Society - CR</b></p> <p>3:00 Happy Hour - CR/Patio</p> <p><b>5:00 Arbors Annual Ice Cream Social - Arbors Parking Lot</b></p>	<p>9:30 Balance Exercise Class - CR</p> <p><b>10:45 HealthRHYTHMS Drumming Session - CR</b></p> <p><b>*1:00 Shopping Outing: Target (Burnsville)</b></p> <p><b>1:30 Wellness Presentation with Kari - CR</b></p> <p>3:00 Fresh Fruit Social - CR/Patio</p> <p><b>6:00 Evening Movie: Wonder - TH</b></p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p><b>10:45 Photo Stories with Erin - CR</b></p> <p><b>*1:00 Scenic Drive: Burnsville / Lakeville</b></p> <p><b>1:15 Adult Coloring for Relaxation - CS</b></p> <p>3:00 Afternoon Refreshments - CR</p>
<p><b>9:30 Morning Devotions - CR</b></p> <p>10:30 Walking Club - Meet in Lobby</p> <p><b>1:00 Afternoon Movie - TH</b></p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>9:30 Balance Exercise Class - CR</p> <p><b>10:15 Buggy Visits with Ebenezer Infants - CR</b></p> <p><b>10:45 Morning Greetings from Ebenezer Preschoolers</b></p> <p>1:15 Bible Study - CH</p> <p><b>2:00 Creative Corner (Open Art) - WR</b></p> <p><b>2:45 Arbor Lites Choir Practice-CR</b></p> <p>3:30 Happy Hour - CR/Patio</p> <p><b>6:00 Rick Steves' Travel Series: Copenhagen - TH</b></p>	<p>9:30 SAIL Fitness Class - CR</p> <p><b>10:30 Catholic Communion - CH</b></p> <p><b>1:15 MacPhail Center for Music "Music for Life" Program - CR</b></p> <p>2:00 Manicures (By Appt. - 2<sup>nd</sup> floor)</p> <p>2:30 Pet Visits with Charolette</p> <p>3:00 Happy Hour - CR</p> <p><b>6:00 Evening Movie: The Hiding Place - TH</b></p>	<p><b>9:30 Worship Service - CR</b></p> <p><b>11:00 Art with Heart with Artists Debbie &amp; Sue - WR</b></p> <p><b>*1:00 Shopping Outing: Fleet Farm (Lakeville)</b></p> <p>1:30 Dime Bingo - CR</p> <p><b>3:00 Meet Me at the Fair Social: Mini Donuts</b></p> <p><b>6:30 Catholic Rosary - CH</b></p>	<p>9:30 SAIL Fitness Class - CR</p> <p><b>10:45 Travel Presentation with Susan - Netherlands, Germany, Austria &amp; Hungary - CR</b></p> <p><b>1:00 Food Forum - CR</b></p> <p><b>2:00 Music Entertainment with Dragonfly - CR</b></p> <p>3:30 Happy Hour - CR/Patio</p> <p><b>6:00 Music Appreciation with Erin - CR</b></p>	<p>9:30 Stretch Exercise DVD - CR</p> <p><b>*10:30 Intergenerational Event: Ebenezer Ridges Machinery Hill - Arbor Lane Parking Lot</b></p> <p><b>10:45 HealthRHYTHMS Drumming Session - CR</b></p> <p><b>*1:00 Shopping Outing: Cub Foods (Burnsville)</b></p> <p><b>*2:00 Ebenezer Ridges Campus Karaoke Party - ECH</b></p> <p>3:00 Fresh Fruit Social - CR/Patio</p> <p><b>6:00 Evening Movie: And So It Goes - TH</b></p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p><b>10:45 Relaxation with Amy: Chair Yoga - CR</b></p> <p><b>1:15 Adult Coloring for Relaxation - CS</b></p> <p>3:00 Afternoon Refreshments - CR</p>
<p><b>9:30 Morning Devotions - CR</b></p> <p>10:30 Walking Club - Meet in Lobby</p> <p><b>1:00 Afternoon Movie - TH</b></p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>9:30 Balance Exercise Class - CR</p> <p><b>10:15 Buggy Visits with Ebenezer Infants - CR</b></p> <p><b>*10:30 Intergenerational Event: Remarkable Reptiles - ECH</b></p> <p>1:15 Bible Study - CH</p> <p><b>2:00 Wellness Virtual Reality (VR) Informational Presentation - WR</b></p> <p><b>2:45 Arbor Lites Choir Practice-CR</b></p> <p>3:30 Happy Hour - CR/Patio</p> <p><b>6:00 Rick Steves' Travel Series: Helsinki &amp; Tallinn: Baltic Sisters-TH</b></p>	<p><b>9:00 On-Site Podiatry - CR</b></p> <p>9:30 SAIL Fitness Class - CR</p> <p><b>*10:30 Catholic Mass - ECH</b></p> <p><b>1:15 MacPhail Center for Music "Music for Life" Program - CR</b></p> <p>2:00 Manicures (By Appt. - 2<sup>nd</sup> floor)</p> <p>2:30 Pet Visits with Charolette</p> <p>3:00 Happy Hour - CR/Patio</p> <p><b>6:00 Evening Movie: Lonesome Dove - TH</b></p>	<p><b>9:30 Worship Service - CR</b></p> <p><b>*10:45 Lunch Outing: D. Fongs Chinese Cuisine (Savage)</b></p> <p><b>1:00 - 3:00 Social Worker Marlies V. Open Office Hours - 2nd floor</b></p> <p><b>2:00 Caregiver Spotlight: Edna O. (Care Attendant) - CR</b></p> <p>3:15 Meet Me at the Fair Social: Cheese Curds - CR</p> <p><b>6:30 Catholic Rosary - CH</b></p>	<p><b>9:00 - 11:00 Miracle Ear Hearing Clinic - WR</b></p> <p>9:30 SAIL Fitness Class - CR</p> <p><b>10:45 Baking Club: Cookies for Ebenezer Ridges Cookie Bake-Off - WR</b></p> <p><b>1:00 Resident Forum - CR</b></p> <p><b>2:00 Dementia Care Partners Education Group - CH</b></p> <p>3:15 Happy Hour - CR</p> <p><b>6:00 Music Appreciation - CR</b></p>	<p>9:30 Balance Exercise Class - CR</p> <p><b>10:45 HealthRHYTHMS Drumming Session - CR</b></p> <p><b>*1:00 Shopping Outing: Walmart (Burnsville)</b></p> <p><b>*2:00 Ebenezer Ridges Campus Cookie Bake-Off - ECH</b></p> <p>3:00 Fresh Fruit Social - CR/Patio</p> <p><b>6:00 Evening Movie: Breathe - TH</b></p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p><b>*10:45 Picnic Outing: Crystal Beach Park</b></p> <p><b>1:15 Adult Coloring for Relaxation - CS</b></p> <p>3:00 Afternoon Refreshments - CR</p>
<p><b>9:30 Morning Devotions - CR</b></p> <p>10:30 Walking Club - Meet in Lobby</p> <p><b>1:00 Afternoon Movie - TH</b></p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>9:30 Balance Exercise Class - CR</p> <p><b>10:15 Buggy Visits with Ebenezer Infants - CR</b></p> <p><b>10:45 Back-to-School Bingo with Ebenezer Preschoolers - CR</b></p> <p>1:15 Bible Study - CH</p> <p><b>2:00 Creative Corner (Open Art) - WR</b></p> <p><b>2:45 Arbor Lites Choir Practice-CR</b></p> <p>3:30 Happy Hour - CR/Patio</p> <p><b>6:00 Rick Steves' Travel Series: Norway's West - TH</b></p>	<p>9:30 Arthritis Foundation Exercise Class - CR</p> <p><b>12:00 Special Lunch with Ebenezer Childcare Kids - DR</b></p> <p><b>1:15 MacPhail Center for Music "Music for Life" Program - CR</b></p> <p>2:30 Pet Visits with Charolette</p> <p>3:00 Happy Hour - CR/Patio</p> <p><b>(No Catholic Mass Shuttle today)</b></p> <p><b>6:00 Evening Movie: The Mountain Between Us - TH</b></p>	<p><b>9:30 Worship Service - CR</b></p> <p><b>*10:00 am "The Great Outdoors" Day-Trip: Camp Friendship (near Annandale, MN)</b></p> <p><b>11:00 Art with Heart with Artists Debbie &amp; Sue - WR</b></p> <p><b>1:15 Low Vision Support Group - WR</b></p> <p><b>2:30 County Fair Bingo Hall - DR</b></p> <p><b>6:30 Catholic Rosary - CH</b></p>	<p>9:30 Arthritis Foundation Exercise Class - CR</p> <p><b>10:30 Exploring Art with Debbie - WR</b></p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p><b>1:00 Welcoming Committee Meeting - CH</b></p> <p><b>2:00 Music by Mark Stillmann - CR</b></p> <p>3:30 Happy Hour - CR/Patio</p> <p><b>6:00 Music Appreciation with Erin - CR</b></p>	<p>9:30 Balance Exercise Class - CR</p> <p><b>10:45 HealthRHYTHMS Drumming Session - CR</b></p> <p><b>*1:00 Shopping Outing: Cub Foods (Burnsville)</b></p> <p><b>*2:00 Banjo Music with Debbie Schroyer - ECH</b></p> <p>3:00 Fresh Fruit Social - CR/Patio</p> <p><b>6:00 Evening Movie: Red River - TH</b></p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p><b>*10:45 Picnic Outing: Memorial Park (Shakopee)</b></p> <p><b>10:45 Photo Stories with Erin - CR</b></p> <p><b>1:15 Adult Coloring for Relaxation - CS</b></p> <p>3:00 Afternoon Refreshments - CR</p>
<p><b>9:30 Morning Devotions - CR</b></p> <p>10:30 Walking Club - Meet in Lobby</p> <p><b>1:00 Afternoon Movie - TH</b></p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>9:30 Balance Exercise Class - CR</p> <p><b>10:15 Buggy Visits with Ebenezer Infants</b></p> <p><b>10:30 High Touch High Tech Science Program with Ebenezer Childcare Kids - CR</b></p> <p>1:15 Bible Study - CH</p> <p><b>2:00 Wellness VR Travel Club- WR</b></p> <p><b>2:45 Arbor Lites Choir Practice-CR</b></p> <p>3:30 Happy Hour - CR/Patio</p> <p><b>6:00 Rick Steves' Travel Series: Oslo - TH</b></p>	<p>9:30 SAIL Fitness Class - CR</p> <p><b>10:30 Catholic Communion - CH</b></p> <p><b>*11:00 Ebenezer Ridges Intergenerational Birthday Party - Arbors MC Community Room</b></p> <p><b>2:00 Nature Presentation by Traveling Naturalist Melonie: Bald Eagles--Beyond The Basics - CR</b></p> <p>2:00 Manicures (By Appt. - 2<sup>nd</sup> floor)</p> <p>3:00 Happy Hour - CR/Patio</p> <p><b>6:00 Evening Movie: All Roads Lead Home - TH</b></p>	<p><b>9:30 Worship Service - CR</b></p> <p><b>10:45 Intergenerational Event: Northern Clay Center Pottery Class with Ebenezer Preschoolers - WR</b></p> <p><b>*10:30 Lunch Outing: Lowell Inn (Stillwater)</b></p> <p><b>1:30 A Celebration of Culture: Indian Independence Day Program with Amita - CR</b> (Dime Bingo postponed to tomorrow)</p> <p><b>3:00 Meet Me at the Fair Social: Sweet Martha's Cookies - CH</b></p> <p><b>6:30 Catholic Rosary - CH</b></p>	<p>9:30 SAIL Fitness Class - CR</p> <p><b>10:00 Project Veteran Pet Visits</b></p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>1:30 Dime Bingo - CR</p> <p><b>2:30 Dementia Care Partners Education Group - CH</b></p> <p>3:00 Happy Hour - CR/Patio</p> <p><b>6:00 Music Appreciation with Erin - CR</b></p>	<p>9:30 Balance Exercise Class - CR</p> <p><b>10:45 HealthRHYTHMS Drumming Session - CR</b></p> <p><b>*1:00 Shopping Outing: Target (Burnsville)</b></p> <p>1:30 Wii Bowling - TH</p> <p>3:00 Fresh Fruit Social - CR/Patio</p> <p><b>6:00 Evening Movie: All The Pretty Horses - TH</b></p>	<p><b>Events marked with an asterisk (*) will take place in other areas of Ebenezer Ridges campus or out in the community.</b></p> <p><b>To board the free shuttle/outing bus, please sign up at the front desk and report to the lobby 30 minutes prior to the scheduled time for each event.</b></p>

**LOCATION KEY:** **CH** = Arbors Chapel (1<sup>st</sup> floor); **CR** = Community Room (1<sup>st</sup> floor); **CS** = Care Suites Dining Room (1<sup>st</sup> floor); **DR** = Dining Room (1<sup>st</sup> floor); **ECH** = Ebenezer Chapel; **PDR** = Private Dining Room (1<sup>st</sup> floor); **TH** = Theater Room (1<sup>st</sup> floor); **WR** = Wellness Room (1<sup>st</sup> floor)