

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# MARCH 2018

## Arbors at Ridges Events Calendar

<p>9:30 <b>Morning Devotions</b> - CR</p> <p>1:00 <b>Afternoon Movie</b> - TH</p> <p>3:00 <b>Afternoon Refreshments</b> - CR</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise Class - CR</p> <p>10:45 <i>Pearson's Animal Ambassadors</i> Exotic Animal Show - CR</p> <p>1:15 <i>Talking Suitcases: Preserving Life Stories</i> Program - WR</p> <p>1:15 Bible Study - CH</p> <p>2:45 <i>Arbor Lites</i> Choir Practice - CR</p> <p>3:30 Happy Hour - CR</p> <p>6:00 <b>Comedy Hour: The Andy Griffith Show</b> - TH</p>	<p>9:30 <i>Balance</i> Exercise Class - WR</p> <p>10:30 <b>Catholic Communion</b> - CH</p> <p>11:30 <b>Lunch with Ebenezer Preschoolers</b> - DR</p> <p>1:15 <b>MacPhail Center for Music "Music for Life"</b> Program - CR</p> <p>3:00 Happy Hour - CR</p> <p>6:00 <b>Evening Movie: Mr. Church</b> - TH</p>	<p>9:30 <b>Ebenezer Memorial Service</b> - CR</p> <p>10:45 <i>Northern Clay Center</i> Pottery Class - WR</p> <p>*1:00 <b>Abdallah Candies &amp; Gifts</b> (Burnsville)</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Hot Cocoa Social - CR</p> <p>6:30 <b>Catholic Rosary</b> - CH</p>	<p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>10:30 <b>Community Outreach Project with Harriet Bishop Elementary Students: Homemade Placemats for Meals-on-Wheels</b> Program - CR</p> <p>2:00 <b>Music by Dale Martell</b> - CR</p> <p>3:30 Happy Hour - CR</p> <p>6:00 <i>HealthRHYTHMS</i> Drumming Community Sharing Session - CR</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise Class - CR</p> <p>10:45 <i>HealthRHYTHMS</i> Drumming Session - CR</p> <p>*1:00 <b>Shopping Outing: Target</b> (Burnsville)</p> <p>1:00 <b>Welcoming Committee Meeting</b> - CH</p> <p>2:00 <b>History Presentation: Sister Kenny</b> - CR</p> <p>3:00 Irish Soda Bread Social - CR</p> <p>6:00 <b>Evening Movie: Remember Me</b> - TH</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - CR</p> <p>1:15 <b>Current Events</b> – Lobby</p> <p>2:00 500 Card Game - CS</p> <p>3:00 <b>Afternoon Refreshments</b> - CR</p>
<p>9:30 <b>Morning Devotions</b> - CR</p> <p>1:00 <b>Afternoon Movie</b> - TH</p> <p>3:00 <b>Afternoon Refreshments</b> - CR</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - CR</p> <p>10:45 <b>Morning Greetings from the Preschoolers</b></p> <p>1:15 <i>Talking Suitcases: Preserving Life Stories</i> Program - WR</p> <p>1:15 Bible Study - CH</p> <p>2:45 <i>Arbor Lites</i> Choir Practice - CR</p> <p>3:30 Happy Hour - CR</p> <p>6:00 <b>Comedy Hour: The Andy Griffith Show</b> - TH</p>	<p>9:30 <i>Stretch</i> Exercise DVD - CR</p> <p>*10:30 <b>Catholic Mass</b> - ECH</p> <p>1:15 <b>MacPhail Center for Music "Music for Life"</b> Program - CR</p> <p>2:00 Manicures (By Appt. - 2<sup>nd</sup> floor)</p> <p>3:00 Happy Hour - CR</p> <p>6:00 <b>Evening Movie: Woodlawn</b> - TH</p>	<p>9:30 <b>Worship Service</b> - CR</p> <p>10:45 <i>Art with Heart</i> with Artists Debbie &amp; Sue - WR</p> <p>*10:45 <b>Lunch Outing: Shamrocks Grill &amp; Pub</b></p> <p>*11:45 <b>Empty Bowls Lenten Soup Fundraiser Lunch</b> - ECH</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Hot Cocoa Social - CR</p> <p>6:30 <b>Catholic Rosary</b> - CH</p>	<p>9:30 <i>Stretch</i> Exercise DVD - CR</p> <p>10:45 Life History Visits</p> <p>1:00 <b>Food Forum with Bill</b> - CR</p> <p>1:30 <b>Resident Forum</b> - CR</p> <p>3:00 Happy Hour - CR</p> <p>6:00 <b>Rick Steves' Travel: IRELAND Dublin and Mystical Side Trips</b> -TH</p>	<p>10:00 <b>Intergenerational Event</b></p> <p>10:45 <i>HealthRHYTHMS</i> Drumming Session - CR</p> <p>*1:00 <b>Shopping Outing: Cub Foods</b> (Burnsville)</p> <p>1:30 Wii Bowling - TH</p> <p>3:00 <b>Shamrock Shake Social with Music by Bob &amp; Mary</b> - CR</p> <p>6:00 <b>Evening Movie: West Side Story</b> - TH</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - CR</p> <p>10:45 <b>Travel Discussion with Erin</b> - CR</p> <p>1:15 Cards and Games - CR</p> <p>3:00 <b>Afternoon Refreshments</b> - CR</p> <p style="text-align: right;">St. Patrick's Day</p>
<p><b>"SPRING FORWARD": REMEMBER TO SET YOUR CLOCKS ONE HOUR AHEAD!</b></p> <p>9:30 <b>Morning Devotions</b> - CR</p> <p>1:00 <b>Afternoon Movie</b> - TH</p> <p>3:00 <b>Afternoon Refreshments</b> - CR</p> <p style="text-align: right;">Daylight Saving Time Begins</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - CR</p> <p>10:45 <b>Morning Greetings from the Preschoolers</b></p> <p>1:15 <i>Talking Suitcases: Preserving Life Stories</i> Program - WR</p> <p>1:15 Bible Study - CH</p> <p>2:45 <i>Arbor Lites</i> Choir Practice - CR</p> <p>3:30 Happy Hour - CR</p> <p>6:00 <b>Comedy Hour: The Andy Griffith Show</b> - TH</p>	<p>9:30 <i>Balance</i> Exercise Class - WR</p> <p>*11:00 <b>Ebenezer Ridges Intergenerational Birthday Party - Arbors MC Community Room</b></p> <p>1:15 <b>MacPhail Center for Music "Music for Life"</b> Program - CR</p> <p>2:00 Manicures (By Appt. - 2<sup>nd</sup> floor)</p> <p>3:00 Happy Hour - CR</p> <p>*3:45 <b>Catholic Mass</b> - ECH</p> <p>6:00 <b>Evening Movie: The Concert</b> - TH</p>	<p>9:30 <b>Worship Service</b> - CR</p> <p>10:45 <i>Northern Clay Center</i> Potter Class - WR</p> <p>*10:45 <b>Lunch Outing: Taste of Scandinavia</b> (Bloomington)</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Hot Cocoa Social - CR</p> <p>6:30 <b>Catholic Rosary</b> - CH</p>	<p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>1:00 <b>Veterans' Connection - CS</b></p> <p>2:00 <b>Guitar &amp; Vocal Music by Kent Appeldoorn</b> - CR</p> <p>3:30 Happy Hour - CR</p> <p>6:00 <b>Rick Steves' Travel: IRELAND South Ireland ~ Waterford to the Ring of Kerry</b> -TH</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise Class - CR</p> <p>10:45 <i>HealthRHYTHMS</i> Drumming Session - CR</p> <p>*1:00 <b>Shopping Outing: Target</b> (Burnsville)</p> <p>1:30 Wii Bowling - TH</p> <p>3:00 Irish Soda Bread Social - CR</p> <p>6:00 <b>Evening Movie: The Grace Card</b> - TH</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - CR</p> <p>1:15 <b>Current Events</b> – Lobby</p> <p>2:00 500 Card Game - CS</p> <p>3:00 <b>Afternoon Refreshments</b> - CR</p>
<p>9:30 <b>Morning Devotions</b> - CR</p> <p>1:00 <b>Afternoon Movie</b> - TH</p> <p>3:00 <b>Afternoon Refreshments</b> - CR</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise Class - CR</p> <p>10:45 <b>St. Patrick's Day Bingo with the Preschooler</b> - CR</p> <p>1:15 <i>Talking Suitcases: Preserving Life Stories</i> Program - WR</p> <p>1:15 Bible Study - CH</p> <p>2:45 <i>Arbor Lites</i> Choir Practice - CR</p> <p>3:30 Happy Hour - CR</p> <p>6:00 <b>Comedy Hour: The Andy Griffith Show</b> - TH</p>	<p>9:30 <i>Balance</i> Exercise Class - WR</p> <p>10:30 <b>Catholic Communion</b> - CH</p> <p>12:00 <b>Special Lunch with Ebenezer Preschoolers</b> - DR</p> <p>1:15 <b>MacPhail Center for Music "Music for Life"</b> Program - CR</p> <p>2:00 Manicures (By Appt. - 2<sup>nd</sup> floor)</p> <p>3:00 Happy Hour - CR</p> <p>6:00 <b>Evening Movie: Loving Vincent</b> - TH</p>	<p>9:30 <b>Worship Service</b> - CR</p> <p>10:45 <i>Art with Heart</i> with Artists Debbie &amp; Sue - WR</p> <p>*12:30 <b>Outing: Bachman's Spring Flower Show</b> (Galleria - Edina)</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Hot Cocoa Social - CR</p> <p>6:30 <b>Catholic Rosary</b> - CH</p>	<p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>10:30 <i>Exploring Art</i> with Debbie - WR</p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>1:15 <b>Veterans' Connection - CS</b></p> <p>3:00 Happy Hour - CR</p> <p>6:00 <b>Rick Steves' Travel: IRELAND The Best of West Ireland - Dingle, Galway &amp; the Aran Islands</b> - TH</p>	<p>9:30 <b>Good Friday Worship Service</b> - CR</p> <p>10:45 <i>HealthRHYTHMS</i> Drumming Session - CR</p> <p>*1:00 <b>Shopping Outing: Cub Foods</b> (Burnsville)</p> <p>1:30 Wii Bowling - TH</p> <p>3:00 Irish Soda Bread Social - CR</p> <p>6:00 <b>Evening Movie: Good Friday Special: Fulton Sheen</b> - TH</p> <p style="text-align: right;">First Day of Passover Good Friday</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - CR</p> <p>10:45 <b>Current Events</b> - CR</p> <p>1:15 <b>Caregiver Spotlight with Erin</b> - CR</p> <p>3:00 <b>Afternoon Refreshments</b> - CR</p>
<p>9:30 <b>Morning Devotions</b> - CR</p> <p>1:00 <b>Afternoon Movie</b> - TH</p> <p>3:00 <b>Afternoon Refreshments</b> - CR</p> <p style="text-align: right;">Palm Sunday</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise Class - CR</p> <p>10:45 <b>10:45 Morning Greetings from the Preschoolers</b></p> <p>1:15 <i>Talking Suitcases: Preserving Life Stories</i> Program - WR</p> <p>1:15 Bible Study - CH</p> <p>2:00 <b>Life Stories with Erin</b> - CR (No <i>Arbor Lites</i> Choir Practice)</p> <p>3:30 Happy Hour - CR</p> <p>6:00 <b>Comedy Hour: The Andy Griffith Show</b> - TH</p>	<p>9:30 <i>Balance</i> Exercise Class - WR</p> <p>10:30 <b>Catholic Communion</b> - CH</p> <p>12:00 <b>Special Lunch with Ebenezer Preschoolers</b> - DR</p> <p>1:15 <b>MacPhail Center for Music "Music for Life"</b> Program - CR</p> <p>2:00 Manicures (By Appt. - 2<sup>nd</sup> floor)</p> <p>3:00 Happy Hour - CR</p> <p>6:00 <b>Evening Movie: Loving Vincent</b> - TH</p>	<p>9:30 <b>Worship Service</b> - CR</p> <p>10:45 <i>Art with Heart</i> with Artists Debbie &amp; Sue - WR</p> <p>*12:30 <b>Outing: Bachman's Spring Flower Show</b> (Galleria - Edina)</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Hot Cocoa Social - CR</p> <p>6:30 <b>Catholic Rosary</b> - CH</p>	<p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>10:30 <i>Exploring Art</i> with Debbie - WR</p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>1:15 <b>Veterans' Connection - CS</b></p> <p>3:00 Happy Hour - CR</p> <p>6:00 <b>Rick Steves' Travel: IRELAND The Best of West Ireland - Dingle, Galway &amp; the Aran Islands</b> - TH</p>	<p>9:30 <b>Good Friday Worship Service</b> - CR</p> <p>10:45 <i>HealthRHYTHMS</i> Drumming Session - CR</p> <p>*1:00 <b>Shopping Outing: Cub Foods</b> (Burnsville)</p> <p>1:30 Wii Bowling - TH</p> <p>3:00 Irish Soda Bread Social - CR</p> <p>6:00 <b>Evening Movie: Good Friday Special: Fulton Sheen</b> - TH</p> <p style="text-align: right;">First Day of Passover Good Friday</p>	<p>9:30 <i>Arthritis Foundation</i> Exercise DVD - CR</p> <p>10:45 <b>Current Events</b> - CR</p> <p>1:15 <b>Caregiver Spotlight with Erin</b> - CR</p> <p>3:00 <b>Afternoon Refreshments</b> - CR</p>

**LOCATION KEY:** CH = Arbors Chapel (1<sup>st</sup> floor); CR = Community Room (1<sup>st</sup> floor); CS = Care Suites Dining Room (1<sup>st</sup> floor); DR = Dining Room (1<sup>st</sup> floor); ECH = Ebenezer Chapel; MC = Arbor Lane Memory Care; PDR = Private Dining Room (1<sup>st</sup> floor); RP = Ridge Point Community Room; TH = Theater Room (1<sup>st</sup> floor); WR = Wellness Room (1<sup>st</sup> floor)