

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2018

Arbors at Ridges Events Calendar

							<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>10:45 Adult Coloring for Relaxation - CS</p> <p>1:30 Chair Yoga with Amy: - CR</p> <p>3:00 Afternoon Refreshments - CR</p> <p style="text-align: right;">1</p>
<p>9:30 Morning Devotions - CR 2</p> <p>10:30 Walking Club - Meet in Lobby</p> <p>1:00 Afternoon Movie - TH</p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>9:30 Stretch Exercise DVD - CR 3</p> <p>1:15 Bible Study - CH</p> <p>2:00 Afternoon Movie: The Pianist - TH</p> <p style="text-align: center;">Labor Day</p>	<p>9:30 SAIL Fitness Class - CR 4</p> <p>10:30 Catholic Communion - CH</p> <p>1:30 Suncatcher Craft with Shari - CR</p> <p>2:30 Pet Visits with Charolette</p> <p>3:00 Birthday Celebration: Sylvia K. - CR</p> <p>6:00 Evening Movie: The Prize Winner of Defiance, Ohio - CR</p>	<p>9:30 Worship Service - CR 5</p> <p>10:45 Northern Clay Center Pottery Class - WR</p> <p>*1:00 Minnesota's Largest Candy Store (Jordan)</p> <p>1:30 Dime Bingo - CR</p> <p>2:00 Caregiver Spotlight: Edna O. (Care Attendant) - CR</p> <p>3:00 Popcorn Social - CR</p> <p>6:30 Catholic Rosary - CR</p>	<p>9:30 SAIL Fitness Class - CR 6</p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>1:30 Arbor Belles Women's Group - WR</p> <p>2:00 Manicures (By Appt. - 2nd floor)</p> <p>3:30 Happy Hour - CR</p> <p>6:00 Music Appreciation with Erin - CR</p>	<p>9:00 On-Site Podiatry - WR 7</p> <p>9:30 Balance Exercise Class - CR</p> <p>10:45 HealthRHYTHMS Drumming Session - CR</p> <p>*1:00 Shopping Outing: Cub Foods (Burnsville)</p> <p>1:30 Wellness Presentation with Kari: Sleep and Aging - CR</p> <p>3:00 Fresh Fruit Social - CR/Patio</p> <p>6:00 Evening Movie: Words and Pictures - TH</p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>*10:45 Nature Picnic Outing with Erin</p> <p>1:15 Adult Coloring for Relaxation - CS</p> <p>3:00 Afternoon Refreshments - CR</p> <p style="text-align: right;">8</p>	
<p>9:30 Morning Devotions - CR 9</p> <p>10:30 Walking Club - Meet in Lobby</p> <p>1:00 Afternoon Movie - TH</p> <p>1:15 Grandparents Day Tribute / Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p> <p style="text-align: center;">Grandparents Day</p>	<p>9:30 Arthritis Foundation Class - CR</p> <p>10:15 Buggy Visits with Ebenezer Infants 10</p> <p>10:45 Grandparents' Day Picture Frame Project with Ebenezer Preschoolers - CR</p> <p>1:15 Bible Study - CH</p> <p>2:00 Going Green Recycling Educational Presentation - WR</p> <p>2:45 Arbor Lites Choir Practice - CR</p> <p>3:30 Happy Hour - CR/Patio</p> <p>6:00 Planet Earth Series - TH</p> <p style="text-align: center;">Rosh Hashanah</p>	<p>9:30 SAIL Fitness Class - CR 11</p> <p>*10:30 Catholic Mass - ECH</p> <p>1:00 Food Forum - WR</p> <p>2:00 Neil Diamond Music by Todd Anderson - CR</p> <p>2:30 Pet Visits with Charolette</p> <p>3:30 Happy Hour - CR</p> <p>6:00 Evening Movie: The Rewrite - TH</p>	<p>9:30 Worship Service - CR 12</p> <p>11:00 Art with Heart with Artists Debbie & Sue - WR</p> <p>*1:00 Outing: History on the Go! Bus Tour of Historic Fort Snelling</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Popcorn Social - CR</p> <p>6:30 Catholic Rosary - CR</p>	<p>9:30 SAIL Fitness Class - CR 13</p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR</p> <p>2:00 Manicures (By Appt. - 2nd floor)</p> <p>3:00 Happy Hour - CR</p> <p>6:00 Music Appreciation with Erin - CR</p>	<p>9:30 Balance Exercise Class - CR</p> <p>*10:00 Heartland Fundraising \$6 Sale - ECH 14</p> <p>10:45 HealthRHYTHMS Drumming Session - CR</p> <p>*1:00 Shopping Outing: Target (Burnsville)</p> <p>1:30 Wii Bowling - TH</p> <p>3:00 Fresh Fruit Social - CR/Patio</p> <p>6:00 Evening Movie: People Like Us - TH</p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>10:45 Adult Coloring for Relaxation - CS</p> <p>1:30 Chair Yoga with Amy: - CR</p> <p>3:00 Afternoon Refreshments - CR</p> <p style="text-align: right;">15</p>	
<p>9:30 Morning Devotions - CR 16</p> <p>10:30 Walking Club - Meet in Lobby</p> <p>1:00 Afternoon Movie - TH</p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>9:30 Arthritis Foundation Exercise Class - CR</p> <p>10:15 Buggy Visits with Ebenezer Infants - CR 17</p> <p>*10:30 Intergenerational Event: Football Festival - ECH</p> <p>1:15 Bible Study - CH</p> <p>2:00 Creative Corner - WR</p> <p>2:45 Arbor Lites Choir Practice - CR</p> <p>3:30 Happy Hour - CR/Patio</p> <p>6:00 Planet Earth Series - TH</p>	<p>9:30 SAIL Fitness Class - CR 18</p> <p>*11:00 Ebenezer Ridges Intergenerational Birthday Party - Arbors MC Community Room</p> <p>1:00 Resident Forum - CR</p> <p>2:00 Dementia Care Partners Education Group - CH</p> <p>2:30 Pet Visits with Charolette</p> <p>3:30 Happy Hour - CR</p> <p>*3:45 Catholic Mass - ECH</p> <p>6:00 Evening Movie: Unbroken - TH</p> <p style="text-align: center;">Yom Kippur</p>	<p>9:30 Worship Service - CR 19</p> <p>10:45 Northern Clay Center Pottery Class - WR</p> <p>*1:00 Shopping Outing: Cub Foods (Burnsville)</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Popcorn Social - CR</p> <p>6:30 Catholic Rosary - CR</p>	<p>9:30 SAIL Fitness Class - CR 20</p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR</p> <p>3:00 Happy Hour - CR</p> <p>6:00 Music Appreciation with Erin - CR</p>	<p>9:30 Balance Exercise Class - CR</p> <p>*10:15 Outing with Ebenezer Preschoolers: Sponsel's MN Harvest Apple Orchard (Jordan) 21</p> <p>10:45 HealthRHYTHMS Drumming Session - CR</p> <p>1:30 Wii Bowling - TH</p> <p>3:00 Fresh Fruit Social - CR/Patio</p> <p>6:00 Evening Movie: The Life and Faith of C.S. Lewis: The Magic Never Ends - TH</p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>10:45 Photo Stories with Erin - CR</p> <p>*Movie Theater Outing: Unbroken - Path to Redemption (Time & Theater TBD)</p> <p>3:00 Afternoon Refreshments - CR</p> <p style="text-align: center;">Autumn Begins Oktoberfest Begins</p> <p style="text-align: right;">22</p>	
<p>9:30 Morning Devotions - CR 23</p> <p>10:30 Walking Club - Meet in Lobby</p> <p>1:00 Afternoon Movie - TH</p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>9:30 Arthritis Foundation Class - CR</p> <p>10:15 Buggy Visits with Ebenezer Infants 24</p> <p>10:45 Back-to-School Bingo with Ebenezer Preschoolers - CR</p> <p>1:15 Bible Study - CH</p> <p>2:00 Creative Corner - WR</p> <p>2:45 Arbor Lites Choir Practice - CR</p> <p>3:30 Happy Hour - CR/Patio</p> <p>6:00 Planet Earth Series - TH</p> <p style="text-align: center;">Sukkot</p>	<p>9:30 SAIL Fitness Class - CR 25</p> <p>10:30 Catholic Communion - CH</p> <p>1:00 Welcoming Committee Meeting - CH</p> <p>2:00 Music by Kent Appeldoorn - CR</p> <p>2:30 Pet Visits with Charolette</p> <p>3:30 Happy Hour - CR</p> <p>6:00 Evening Movie: Brigadoon - TH</p>	<p>9:30 Blessing of the Animals 26</p> <p>Worship Service - CR</p> <p>*10:30 Lunch Outing: Emma Krumbie's (Belle Plaine)</p> <p>11:00 Art with Heart with Artists Debbie & Sue - WR</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Popcorn Social - CR</p> <p>6:30 Catholic Rosary - CR</p>	<p>9:30 SAIL Fitness Class - CR 27</p> <p>10:30 Exploring Art with Debbie - WR</p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR</p> <p>2:00 Manicures (By Appt. - 2nd floor)</p> <p>3:00 Happy Hour - CR</p> <p>6:00 Music Appreciation with Erin - CR</p>	<p>9:30 Balance Exercise Class - CR</p> <p>10:45 HealthRHYTHMS Drumming Session - CR 28</p> <p>*1:00 Shopping Outing: Target (Burnsville)</p> <p>1:30 Wii Bowling - TH</p> <p>3:00 Fresh Fruit Social - CR/Patio</p> <p>6:00 Evening Movie: Only the Brave - TH</p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>10:45 Relaxation with Amy: Chair Yoga - CR</p> <p>*1:00 Apple Orchard Outing (Lonsdale)</p> <p>3:00 Afternoon Refreshments - CR</p> <p style="text-align: right;">29</p>	
<p>9:30 Morning Devotions - CR 30</p> <p>10:30 Walking Club - Meet in Lobby</p> <p>1:00 Afternoon Movie - TH</p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>Events marked with an asterisk (*) will take place in other areas of Ebenezer Ridges campus or out in the community.</p> <p>To board the free shuttle/outing bus, please sign up at the front desk and report to the lobby 30 minutes prior to the scheduled time for each event.</p>						

LOCATION KEY: CH = Arbors Chapel (1st floor); CR = Community Room (1st floor); CS = Care Suites Dining Room (1st floor); DR = Dining Room (1st floor); ECH = Ebenezer Chapel; PDR = Private Dining Room (1st floor); TH = Theater Room (1st floor); WR = Wellness Room (1st floor)