

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2017

Arbors at Ridges Events Calendar

<p>9:30 Morning Devotions - CR</p> <p>10:30 Walking Club - Meet in Lobby</p> <p>1:00 Afternoon Movie - TH</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>9:00 – 12:00 On-Site Podiatrist - WR</p> <p>9:30 Core Strength Exercise Class - CR</p> <p>10:30 Catholic Communion - CR</p> <p>11:30 Lunch with Ebenezer Preschoolers - DR</p> <p>1:30 Life History Visits</p> <p>3:00 Happy Hour - CR</p> <p>6:15 Mystery Film: <i>Sherlock Holmes</i> - TH</p>	<p>9:30 Core Strength Exercise Class - CR</p> <p>*10:30 Catholic Mass - ECH</p> <p>1:15 MacPhail Center for Music "Music for Life" Community Presentation - CR</p> <p>2:30 County Fair Bingo Hall! - DR</p> <p>4:00 Book Club - CR</p> <p>6:15 Mystery Film: <i>Sherlock Holmes</i> - TH</p>	<p>9:30 Ebenezer Memorial Service - CR</p> <p>10:45 Balance Exercise Class - CR</p> <p>*12:45 Outing: Savage American Legion (Music by The Hi-Hats)</p> <p>1:00 – 3:00 Social Worker (Marlies V.) - Open Office Hours - 2nd Floor Events Office</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Ice Cream Social - CR</p> <p>6:30 Catholic Rosary - CH</p>	<p>7:30 Special Breakfast: Denver Omelets - DR</p> <p>9:30 Core Strength Exercise Class - CR</p> <p>10:30 Art with Heart with Artists Debbie & Sue - WR</p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>2:00 Arbor Belles Women's Group - CR</p> <p>2:00 Manicures (By Appt. - 2nd floor)</p> <p>3:30 Happy Hour - CR</p> <p>6:15 <i>The Golden Girls (Season 2)</i>-TH</p>	<p>9:30 Balance Exercise Class - CR</p> <p>*10:30 Campus Intergenerational Event: RAD Zoo - ECH</p> <p>10:45 HealthRHYTHMS Drumming Session - CR</p> <p>*1:00 Shopping Outing: Cub Foods (Burnsville)</p> <p>2:00 <i>In Loving Memory of Zelpha: Music & Scripture with Mary & Krista</i> - CR</p> <p>3:15 Afternoon Refreshments - CR</p> <p>6:15 Evening Movie: <i>Cowgirls and Angels 2</i> - TH</p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>1:15 Current Events – Lobby</p> <p>2:00 500 Card Game - CS</p> <p>3:00 Afternoon Refreshments - CR</p>
<p>9:30 Morning Devotions - CR</p> <p>10:30 Walking Club - Meet in Lobby</p> <p>1:00 Afternoon Movie - TH</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>EBENEZER RIDGES COUNTY FAIR WEEK!</p> <p>9:30 Balance Exercise Class - CR</p> <p>*10:30 Intergenerational Event: Cock-A-Doodle Zoo - ECH</p> <p>1:15 Bible Study - CH</p> <p>*2:30 Shopping Outing: Target (Burnsville)</p> <p>3:15 Meet Me at the Fair Social: Homemade Mini Donuts - CR</p> <p>6:15 Evening Movie: <i>The Secret Life of Bees</i> - TH</p>	<p>9:30 Core Strength Exercise Class - CR</p> <p>*10:30 Catholic Mass - ECH</p> <p>1:15 MacPhail Center for Music "Music for Life" Community Presentation - CR</p> <p>2:30 County Fair Bingo Hall! - DR</p> <p>4:00 Book Club - CR</p> <p>6:15 Mystery Film: <i>Sherlock Holmes</i> - TH</p>	<p>9:30 Communion Service - CR</p> <p>10:45 Balance Exercise Class - CR</p> <p>*10:15 Outing: St. Croix Riverboat Luncheon Cruise</p> <p>11:30 County Fair Themed Lunch-DR</p> <p>1:30 Pokeno - CR</p> <p>3:00 Meet Me at the Fair Social: Cotton Candy - CR</p> <p>6:30 Catholic Rosary - CH</p>	<p>9:30 Core Strength Exercise Class - CR</p> <p>10:30 Homemade Jam-Making-DR</p> <p>2:00 Guitar and Vocal Music with Kent Appeldoorn - CR</p> <p>2:00 Manicures (By Appt. - 2nd floor)</p> <p>3:30 Meet Me at the Fair Social: Fresh Bread w/ Homemade Jam - CR</p> <p>6:15 <i>The Golden Girls (Season 2)</i> - TH</p>	<p>9:30 Stretch Exercise DVD - CR</p> <p>*10:30 Ebenezer Ridges Campus Machinery Hill Show - Arbor Lane</p> <p>*1:00 Shopping Outing: Target (Burnsville)</p> <p>1:30 Dakota County Fair Presentation by Dakota County Historical Society - CR</p> <p>*3:00 Ebenezer Ridges Campus Creative Art Show - ECH</p> <p>3:30 Wine & Cheese Curds - CR</p> <p>6:15 Evening Movie: <i>My All American</i> - TH</p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>1:15 Current Events – Lobby</p> <p>2:00 500 Card Game - CS</p> <p>3:00 Afternoon Refreshments - CR</p>
<p>9:30 Morning Devotions - CR</p> <p>10:30 Walking Club - Meet in Lobby</p> <p>1:00 Afternoon Movie - TH</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>9:30 Stretch Exercise DVD - CR</p> <p>*10:30 Intergenerational Event: High-Tech Science - ECH</p> <p>1:15 Bible Study - CH</p> <p>2:00 500 Card Game - CR</p> <p>3:30 Happy Hour - CR</p> <p>6:15 Evening Movie: <i>Dear John</i> - TH</p>	<p>9:30 Core Strength Exercise Class - CR</p> <p>*11:00 Ebenezer Ridges Intergenerational Birthday Party - Arbors MC Community Room</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR</p> <p>3:00 Happy Hour - CR</p> <p>*3:45 Catholic Mass - ECH</p> <p>6:15 Mystery Film: <i>Sherlock Holmes</i> - TH</p>	<p>9:30 Worship Service - CR</p> <p>10:45 Balance Exercise Class - CR</p> <p>*10:45 Lunch Outing: Lowell Inn (Stillwater)</p> <p>1:00 – 3:00 Social Worker (Marlies V.) - Open Office Hours - 2nd Floor Events Office</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Ice Cream Social - CR</p> <p>6:30 Catholic Rosary - CH</p>	<p>9:30 Core Strength Exercise Class - CR</p> <p>10:30 Art with Heart with Artists Debbie & Sue - WR</p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>1:00 Food Forum with Bill - CR</p> <p>1:30 Resident Forum - CR</p> <p>3:00 Happy Hour - CR</p> <p>4:30 Arbors Grill-Out - Front Parking Lot</p>	<p>9:30 Balance Exercise Class - CR</p> <p>10:45 HealthRHYTHMS Drumming Session - CR</p> <p>*1:00 Shopping Outing: Cub Foods (Burnsville)</p> <p>2:00 <i>Our Favorite Things with Valerie</i> - CR</p> <p>3:00 Fresh Fruit Social - CR</p> <p>6:15 Evening Movie: <i>Faith Like Potatoes</i> - TH</p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>1:15 Current Events – Lobby</p> <p>2:00 500 Card Game - CS</p> <p>3:00 Afternoon Refreshments - CR</p>
<p>9:30 Morning Devotions - CR</p> <p>10:30 Walking Club - Meet in Lobby</p> <p>1:00 Afternoon Movie - TH</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>9:30 Balance Exercise Class - CR</p> <p>*10:30 Intergenerational Event: Music by Johnny Pineapple - ECH</p> <p>1:15 Bible Study - CH</p> <p>*2:30 Shopping Outing: Kohl's (Burnsville)</p> <p>3:30 Happy Hour - CR</p> <p>6:15 Evening Movie: <i>Charlotte Gray</i> - TH</p>	<p>9:00 – 12:00 On-Site Podiatrist - WR</p> <p>9:30 Core Strength Exercise Class - CR</p> <p>10:30 Catholic Communion - CH</p> <p>12:00 Special Lunch with Ebenezer Preschoolers - DR</p> <p>2:00 Music by Grace Notes Trio - CR</p> <p>3:30 Happy Hour - CR</p> <p>6:15 Mystery Film: <i>Sherlock Holmes</i> - TH</p>	<p>9:30 Worship Service - CR</p> <p>10:00 am "The Great Outdoors" Day-Trip: Camp Friendship (near Annandale, MN)</p> <p>10:45 Balance Exercise Class - CR</p> <p>1:00 Project Veteran Pet Visits</p> <p>1:15 Low Vision Support Group with Mark - WR</p> <p>1:30 Pokeno - CR</p> <p>3:00 Ice Cream Social - CR</p> <p>6:30 Catholic Rosary - CH</p>	<p>9:30 Core Strength Exercise Class - CR</p> <p>10:30 Exploring Art with Debbie - CR</p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>2:00 Guitar and Vocal Music with Allison Cromie - CR</p> <p>3:30 Happy Hour - CR</p> <p>6:15 <i>The Golden Girls (Season 2)</i> - TH</p>	<p>9:30 Balance Exercise Class - CR</p> <p>10:45 HealthRHYTHMS Drumming Session - CR</p> <p>*1:00 Shopping Outing: Target (Burnsville)</p> <p>2:00 Caregiver Spotlight: Naffie (Care Attendant) - CR</p> <p>3:00 Fresh Fruit Social - CR</p> <p>6:15 Evening Movie: <i>Still Alice</i> - TH</p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>1:15 Current Events – Lobby</p> <p>2:00 500 Card Game - CS</p> <p>3:00 Afternoon Refreshments - CR</p>
<p>9:30 Morning Devotions - CR</p> <p>10:30 Walking Club - Meet in Lobby</p> <p>1:00 Afternoon Movie - TH</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>9:30 Balance Exercise Class - CR</p> <p>10:45 Morning Greetings with Ebenezer Preschoolers</p> <p>1:15 Bible Study - CH</p> <p>*2:30 Shopping Outing: Cub Foods (Burnsville)</p> <p>3:30 Happy Hour - CR</p> <p>6:15 Evening Movie: <i>The Note</i> - TH</p>	<p>9:30 Core Strength Exercise Class - CR</p> <p>10:30 Coffee & Conversation: Men's Group with Chaplain Chris - CS</p> <p>2:00 Music by Lakeville Red Hat Society - CR</p> <p>3:00 Happy Hour - CR</p> <p>6:15 Mystery Film: <i>Sherlock Holmes</i> - TH</p>	<p>9:30 Worship Service - CR</p> <p>10:00 Butterfly Release Event - Arbors Outdoor Back Patio</p> <p>10:45 Balance Exercise Class - CR</p> <p>*11:00 Lunch Outing: Original Pancake House (Burnsville)</p> <p>1:00 – 3:00 Social Worker (Marlies V.) - Open Office Hours - 2nd Floor Events Office</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Ice Cream Social - CR</p> <p>6:30 Catholic Rosary - CH</p>	<p>9:30 Core Strength Exercise Class - CR</p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>1:15 Welcoming Committee Meeting - CH</p> <p>2:00 Manicures (By Appt. - 2nd floor)</p> <p>3:30 Happy Hour - CR</p> <p>6:15 <i>The Golden Girls (Season 2)</i> - TH</p>	<p>Events marked with an asterisk (*) will take place in other areas of Ebenezer Ridges campus or out in the community. To board the free shuttle/outing bus, please sign up at the front desk and report to the lobby 30 minutes prior to the scheduled time for each event.</p>	

LOCATION KEY: CH = Arbors Chapel (1st floor); CR = Community Room (1st floor); CS = Care Suites Dining Room (1st floor); DR = Dining Room (1st floor); ECH = Ebenezer Chapel; MC = Arbor Lane Memory Care; PDR = Private Dining Room (1st floor); RP = Ridge Point Community Room; TH = Theater Room (1st floor); WR = Wellness Room (1st floor)