

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December 2018

## Arbors at Ridges Events Calendar

<p><b>9:30 Morning Devotions - CR</b></p> <p><b>1:00 Afternoon Movie - TH</b></p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p><b>9:30 Arthritis Foundation Exercise - CR</b></p> <p><b>10:45 Morning Greetings from Ebenezer Preschoolers</b></p> <p><b>12:15 Pet Therapy Visits with Cheryl &amp; Finnegan - CR</b></p> <p>1:15 Bible Study - CH</p> <p><b>2:00 Creative Corner (Elf Project) -WR</b></p> <p><b>2:45 Arbor Lites Choir Practice - CR</b></p> <p>3:30 Happy Hour - CR</p> <p><b>6:00 Rick Steves' Travel Series: European Festivals I - TH</b> First Day of Hanukkah</p>	<p><b>9:30 SAIL Fitness Class - CR</b></p> <p><b>10:30 Catholic Communion - CH</b></p> <p>1:00 Life History Visits</p> <p><b>2:00 Music by Jim Kirkendall - CR</b></p> <p><b>3:30 Happy Hour (Music &amp; Humor by Bob &amp; Mary)- CR</b></p> <p><b>6:00 Evening Movie: Love the Coopers - TH</b></p>	<p><b>9:30 Memorial Service - CR</b></p> <p><b>10:45 Northern Clay Center Pottery Class - WR</b></p> <p><b>*10:45 Lunch Outing: Taste of Scandinavia (Bloomington) 1:00 - 3:00</b></p> <p><b>Social Worker Marlies V. Open Office Hours - 2nd floor</b></p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Popcorn Social - CR</p> <p><b>6:30 Catholic Rosary - CH</b></p>	<p><b>9:00 - 10:00 Blood Pressure Clinic - CH</b></p> <p>9:30 SAIL Fitness Class - CR</p> <p>10:30 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p><b>1:15 MacPhail Center for Music "Music for Life" Program - CR</b></p> <p>2:00 Manicures (By Appt. - 2<sup>nd</sup> floor)</p> <p>3:00 Happy Hour - CR</p> <p><b>6:00 Music Videos with Erin - CR</b></p>	<p>9:30 <i>Balance</i> Exercise Class - CR</p> <p><b>10:45 HealthRHYTHMS Drumming Session - CR</b></p> <p><b>*1:00 Shopping Outing: Cub Foods (Burnsville)</b></p> <p>1:00 Christmas Cookie Decorating - WR</p> <p>1:30 Wii Bowling - TH</p> <p><b>3:00 Christmas Cookie Social - CR</b></p> <p><b>6:00 Evening Movie: A Christmas Tree Miracle - TH</b></p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p><b>10:45 Photo Stories with Erin - CR</b></p> <p><b>*1:00 Outing: Holiday Sing-Along (Wescott Library - Eagan)</b></p> <p>1:15 500 Card Game - CR</p> <p>3:00 Afternoon Refreshments - CR</p>
<p><b>9:30 Morning Devotions - CR</b></p> <p><b>1:00 Afternoon Movie - TH</b></p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p><b>9:30 Arthritis Foundation Exercise Class - CR</b></p> <p><b>10:45 Christmas Bingo with Ebenezer Preschoolers - CR</b></p> <p><b>12:15 Pet Therapy Visits with Cheryl &amp; Finnegan - CR</b></p> <p>1:15 Bible Study - CH</p> <p><b>2:00 Sacred Animals Discussion - WR</b></p> <p><b>2:45 Arbor Lites Choir Practice - CR</b></p> <p>3:30 Happy Hour - CR</p> <p><b>6:00 Rick Steves' Travel Series: European Festivals II - TH</b></p>	<p><b>9:30 SAIL Fitness Class - CR</b></p> <p><b>*10:30 Catholic Mass - ECH</b></p> <p><b>1:00 Food Forum - CR</b></p> <p><b>2:00 Dementia Care Partners Education Group - CH</b></p> <p>3:00 Happy Hour - CR</p> <p><b>6:00 Evening Movie: The Christmas Cottage - TH</b></p>	<p><b>9:30 Communion Service - CR</b></p> <p><b>11:00 Art with Heart with Artists Debbie &amp; Sue - WR</b></p> <p><b>*1:00 Outing to Norway House (Minneapolis): Gingerbread Wonderland Exhibit</b></p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Popcorn Social - CR</p> <p><b>5:15 Prince of Peace Church Christmas Carolers - DR</b></p> <p><b>6:30 Catholic Rosary - CH</b></p>	<p><b>9:30 SAIL Fitness Class - CR</b></p> <p><b>10:45 Community Outreach Project with Harriet Bishop Elementary Students: Christmas Food Shelf Packages for Families of Dakota County - CR</b></p> <p><b>1:15 MacPhail Center for Music "Music for Life" Program - CR</b></p> <p>2:00 Manicures (By Appt. - 2<sup>nd</sup> floor)</p> <p>3:00 Happy Hour - CR</p> <p><b>*6:00 Holiday Lights Scenic Drive</b></p>	<p>9:30 <i>Balance</i> Exercise Class - CR</p> <p><b>10:45 HealthRHYTHMS Drumming Session - CR</b></p> <p><b>*1:00 Shopping Outing: Target (Burnsville)</b></p> <p>1:00 Christmas Cookie Decorating -WR</p> <p>1:30 Wii Bowling - TH</p> <p><b>3:00 Christmas Cookie Social (Music &amp; Humor with Bob &amp; Mary)-CR</b></p> <p><b>6:00 Evening Movie: Comfort and Joy - TH</b></p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p><b>10:45 Photo/Travel Stories with Erin - CR</b></p> <p><b>1:30 Music Videos with Erin - CR</b></p> <p>3:00 Afternoon Refreshments - CR</p>
<p><b>9:30 Morning Devotions - CR</b></p> <p><b>1:00 Afternoon Movie - TH</b></p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p><b>9:30 Arthritis Foundation Exercise Class - CR</b></p> <p><b>*10:30 Ebenezer Ridges Campus Christmas Pageant Dress Rehearsal-ECH</b></p> <p><b>12:15 Pet Therapy Visits with Cheryl &amp; Finnegan - CR</b></p> <p>1:15 Bible Study - CH</p> <p><b>2:00 Slide Presentation by Mike K. - CR</b></p> <p><b>2:45 Arbor Lites Choir Practice - CR</b></p> <p>3:30 Happy Hour - CR</p> <p><b>6:00 Rick Steves' Travel Series: The Best of Israel - TH</b></p>	<p><b>9:30 SAIL Fitness Class - CR</b></p> <p><b>*11:00 Ebenezer Ridges Intergenerational Birthday Party - Arbors MC Community Room</b></p> <p><b>1:00 Resident Forum - CR</b></p> <p><b>2:00 Music with Todd Anderson- CR</b></p> <p>3:30 Happy Hour - CR</p> <p><b>*3:45 Catholic Mass - ECH</b></p> <p><b>6:00 Evening Movie: Scoot and Kassie's Christmas Adventure - TH</b></p>	<p><b>*10:30 Ebenezer Ridges Campus Christmas Pageant - ECH</b></p> <p><b>10:45 Northern Clay Center Pottery Class - WR</b></p> <p><b>*1:00 Shopping Outing: Abdallah Candies &amp; Gifts (Burnsville) 1:00 - 3:00</b></p> <p><b>Social Worker Marlies V. Open Office Hours - 2nd floor</b></p> <p>1:30 Dime Bingo - CR</p> <p>3:00 New Tenant Welcome Social-CR</p> <p><b>6:30 Catholic Rosary - CH</b></p>	<p><b>9:30 SAIL Fitness Class - CR</b></p> <p>10:30 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p><b>1:15 MacPhail Center for Music "Music for Life" Program - CR</b></p> <p><b>4:30 - 7:30 Arbors Holiday Dinner Party</b></p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p><b>10:45 HealthRHYTHMS Drumming Session - CR</b></p> <p><b>*1:00 Shopping Outing: Cub Foods (Burnsville)</b></p> <p>1:00 Christmas Cookie Decorating - WR</p> <p>1:30 Wii Bowling - TH</p> <p><b>3:00 Christmas Cookie Social - CR</b></p> <p><b>6:00 Evening Movie: Christmas with Winter Begin the Kranks -TH</b></p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p><b>10:30 Chair Yoga with Amy - CR</b></p> <p><b>*1:00 Shopping Outing: Barnes &amp; Noble (Burnsville)</b></p> <p>3:00 Afternoon Refreshments - CR</p>
<p><b>9:30 Morning Devotions - CR</b></p> <p><b>1:00 Afternoon Movie - TH</b></p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p><b>9:30 Christmas Eve Service-CR</b></p> <p>10:45 Arthritis Foundation Exercise DVD - CR</p> <p><b>1:00 500 Card Game - CS</b></p> <p>1:15 Bible Study - CH</p> <p><b>2:00 A Cup of Christmas Tea Social Hour with Erin - CR</b></p> <p><b>6:00 Rick Steves' Travel Series: European Christmas - TH</b></p>	<p><b>MERRY CHRISTMAS!</b></p>  <p><b>2:00 Christmas Movie: The Christmas Card - TH</b> Christmas Day</p>	<p><b>*9:30 Christmas Carol Sing Along - ECH</b></p> <p><b>11:00 Art with Heart with Artists Debbie &amp; Sue - WR</b></p> <p><b>*1:00 Shopping Outing: Dollar Tree (Burnsville)</b></p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Popcorn Social - CR</p> <p><b>6:30 Catholic Rosary - CH</b> Kwanzaa Begins</p>	<p><b>9:30 SAIL Fitness Class - CR</b></p> <p>10:30 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p><b>(No MacPhail today)</b></p> <p>1:00 Welcoming Committee Meeting - CH</p> <p>2:00 Manicures (By Appt. - 2<sup>nd</sup> floor)</p> <p><b>3:00 Remembering Our Loved Ones Social with Erin - CR</b></p> <p><b>*6:00 Holiday Lights Scenic Drive</b></p>	<p>9:30 <i>Balance</i> Exercise Class - CR</p> <p><b>10:45 HealthRHYTHMS Drumming Session - CR</b></p> <p><b>*1:00 Shopping Outing: Target (Burnsville)</b></p> <p>1:00 Christmas Cookie Decorating - WR</p> <p>1:30 Wii Bowling - TH</p> <p><b>3:00 Christmas Cookie Social - CR</b></p> <p><b>6:00 Evening Movie: The Heart of Christmas - TH</b></p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p><b>10:45 Photo/Travel Stories with Erin - CR</b></p> <p><b>1:30 Music Videos with Erin - CR</b></p> <p>3:00 Afternoon Refreshments - CR</p>
<p><b>9:30 Morning Devotions - CR</b></p> <p><b>1:00 Afternoon Movie - TH</b></p> <p>1:15 Current Events - Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	<p><b>9:30 Arthritis Foundation Exercise - CR</b></p> <p><b>10:45 Morning Greetings with Ebenezer Preschoolers - CR</b></p> <p><b>12:15 Pet Therapy Visits with Cheryl &amp; Finnegan - CR</b></p> <p>1:15 Bible Study - CH</p> <p><b>*2:00 Ebenezer Ridges Campus New Year's Eve Celebration - ECH</b></p> <p>3:30 Year-End Reflections with Erin - CR</p> <p><b>6:00 Rick Steves' Travel Series: A Symphonic Journey - TH</b> New Year's Eve</p>	<p><b>Events marked with an asterisk (*) will take place in other areas of Ebenezer Ridges campus or out in the community.</b></p> <p><b>To board the free shuttle/outing bus, please sign up at the front desk and report to the lobby 30 minutes prior to the scheduled time for each event.</b></p>				

**LOCATION KEY:** **CH** = Arbors Chapel (1<sup>st</sup> floor); **CR** = Community Room (1<sup>st</sup> floor); **CS** = Care Suites Dining Room (1<sup>st</sup> floor); **DR** = Dining Room (1<sup>st</sup> floor); **ECH** = Ebenezer Chapel; **PDR** = Private Dining Room (1<sup>st</sup> floor); **TH** = Theater Room (1<sup>st</sup> floor); **WR** = Wellness Room (1<sup>st</sup> floor)