

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2020



Arbors at Ridges Events Calendar

<p>10:30 Morning Devotions - CH</p> <p>1:00 Afternoon Movie - TH</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Superbowl Sunday Social - CR</p> <p><i>Groundhog Day</i></p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Stretch & Strength</i> Exercise - CR</p> <p>10:45 Morning Greetings from Ebenezer Preschool Friends</p> <p>1:15 Bible Study - CH</p> <p>2:00 Sharing Life Stories Video Project (Please sign up in the lobby)</p> <p>2:45 Arbor Lites Choir Practice - CR</p> <p>3:30 Happy Hour - CR</p> <p>6:00 Rick Steve's Travel Series - TH</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>10:30 Catholic Communion - CH</p> <p>11:30 Lunch with Ebenezer Preschool Friends - DR</p> <p>1:00 Friendship Visits - ECA</p> <p>2:00 Music Entertainment with Nate Hance - CR</p> <p>3:30 Happy Hour - CR</p> <p>6:00 Pokeno Game - CR</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 Ebenezer Memorial Service - CR</p> <p>10:45 Friendship Visits - ECA</p> <p>*1:00 Gift Shop Outing: Abdallah Candies & Gifts (Burnsville)</p> <p>1:30 Dime Bingo - CR</p> <p>2:30 Pet Visits with Charolette</p> <p>3:00 Chef's Special Social - CR</p> <p>6:30 Catholic Rosary - CH</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Arthritis Foundation Exercise DVD</i> - CR</p> <p>10:45 HealthRHYTHMS Drumming for Wellness - CR</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR</p> <p>2:00 Manicures (By Appt. - 2nd floor)</p> <p>2:00 Friendship Visits - ECA</p> <p>3:00 <i>National Frozen Yogurt Day</i> Social - CR</p> <p>6:00 Music Videos with Erin - CR</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Balance</i> Exercise Class - WR</p> <p>10:30 Healing Hands (Hand Massages by appt. - Sign up in the lobby)</p> <p>10:45 Encouragement Group with Chaplain Darin - WR</p> <p>*1:00 Shopping Trip: Target (Burnsville)</p> <p>*2:00 Jazz Music by CODA - ECH</p> <p>3:00 Popcorn Social - CR</p> <p>6:00 Evening Movie: The Big Chill - TH</p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>10:45 Remember When... Reminiscing with Betsy - CR</p> <p>1:00 Penny Black Jack - CR</p> <p>3:00 Afternoon Refreshments - CR</p>
<p>10:30 Morning Devotions - CH</p> <p>1:00 Afternoon Movie - TH</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Stretch & Strength</i> Exercise - CR</p> <p>10:45 Valentine Project with Ebenezer Preschool Friends - CR</p> <p>1:15 Bible Study - CH</p> <p>2:00 Sharing Life Stories Video Project (Please sign up in the lobby)</p> <p>2:45 Arbor Lites Choir Practice - CR</p> <p>3:30 <i>National Cream Cheese Brownie Day</i> Social - CR</p> <p>6:00 Evening Movie: God Bless the Broken Road - TH</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>*10:30 Catholic Mass - ECH</p> <p>1:00 Legacy Project with Prior Lake High School MNCAPS Students</p> <p>1:00 Friendship Visits - ECA</p> <p>2:00 Resident Forum - CR</p> <p>3:00 Happy Hour - CR</p> <p>6:00 Valentines with Sinatra Music with Bill Rasmussen - CR</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 Communion Service - CR</p> <p>*10:45 Outing: Mystic Lake Casino (Prior Lake)</p> <p>11:00 Art with Heart with Artists Debbie & Sue - WR</p> <p>1:30 Dime Bingo - CR</p> <p>2:30 Pet Visits with Charolette</p> <p>3:00 Chef's Special Social - CR</p> <p>6:30 Catholic Rosary - CH</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Stretch & Strength</i> Exercise - CR</p> <p>10:00 Project Veteran Pet Visits</p> <p>10:45 HealthRHYTHMS Drumming for Wellness - CR</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR</p> <p>2:00 Manicures (By Appt. - 2nd floor)</p> <p>2:00 Friendship Visits - ECA</p> <p>3:00 Happy Hour - CR</p> <p>6:00 Music Videos with Erin - CR</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Balance</i> Exercise Class - WR</p> <p>12:00 Valentine Pizza Lunch with Ebenezer Preschool Friends - CR</p> <p>*1:00 Shopping Trip: Target (Burnsville)</p> <p>3:00 Valentine Soda Social with music by Bob & Mary - CR</p> <p>4:30 Special Valentine Dinner - DR</p> <p>6:00 Evening Movie: Forever My Girl - TH <i>Valentine's Day</i></p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>*10:45 Lunch Outing: Snuffy's Malt Shop (Bloomington)</p> <p>1:30 Cards & Games - CR</p> <p>3:00 Afternoon Refreshments - CR</p>
<p>10:30 Morning Devotions - CH</p> <p>1:00 Afternoon Movie - TH</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>NATIONAL RANDOM ACTS OF KINDNESS DAY</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Stretch & Strength</i> Exercise - CR</p> <p>10:45 Brain Wellness Games: Wheel of Fortune / Jeopardy - CR</p> <p>1:15 Bible Study - CH</p> <p>2:00 Sing Along with Shari - CR</p> <p>3:30 Happy Hour - CR</p> <p>6:00 Rick Steve's Travel Series - TH <i>Presidents' Day (US)</i></p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>*11:00 Ebenezer Ridges Intergeneration al Birthday Party - Arbor Lane Community Room</p> <p>1:00 Food Forum - WR</p> <p>2:00 Valentine Music with The Velvet Tones - CR</p> <p>3:30 <i>National Wine Day</i> Social - CR</p> <p>*3:30 Catholic Mass - ECH</p> <p>6:00 Short Stories & Discussion with Betsy - CR</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 Worship Service - CR</p> <p>*1:00 Shopping Outing: Dollar Tree (Apple Valley)</p> <p>1:30 Dime Bingo - CR</p> <p>2:30 Pet Visits with Charolette</p> <p>3:00 Chef's Special Social - CR</p> <p>6:30 Catholic Rosary - CH</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Stretch & Strength</i> Exercise - CR</p> <p>10:45 Welcoming Committee Meeting - CH</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR (No Manicures today)</p> <p>2:00 Friendship Visits - ECA</p> <p>3:00 <i>National Cherry Pie Day</i> Social - CR</p> <p>6:00 Music Videos with Erin - CR</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Balance</i> Exercise Class - WR</p> <p>10:30 Healing Hands (Hand Massages by appt. - Sign up in the lobby)</p> <p>*1:00 Shopping Trip: Lunds & Byerlys (Burnsville)</p> <p>1:30 Cards & Games - CR</p> <p>1:30 Friendship Visits - ECA</p> <p>3:00 Popcorn Social - CR</p> <p>6:00 Evening Movie: The Post - TH</p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>10:45 Remember When... Reminiscing with Betsy - CR</p> <p>*Movie Theater Outing (Movie, Time & Theater TBD)</p> <p>1:30 Cards & Games - CR</p> <p>3:00 National Margarita Day Social - CR</p>
<p>10:30 Morning Devotions - CH</p> <p>1:00 Afternoon Movie - TH</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Stretch & Strength</i> Exercise - CR</p> <p>10:45 Brain Wellness Games: Wheel of Fortune / Jeopardy - CR</p> <p>1:15 Bible Study - CH</p> <p>2:00 Slide Presentation with Mike: The Life of Jimmy Stewart - WR</p> <p>2:45 Sing Along with Erin - CR</p> <p>3:30 <i>National Tortilla Chip Day</i> Social - CR</p> <p>6:00 Evening Movie: A Dog's Way Home - TH</p>	<p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>10:30 Catholic Communion - CH</p> <p>10:45 Mardi Gras Celebration with Ebenezer Preschool Friends & Sanok Dixieland Band - CR</p> <p>1:00 Legacy Project with Prior Lake High School MNCAPS Students</p> <p>2:00 Community Outreach Project with Harriet Bishop Elementary Students - CR</p> <p>3:15 <i>Fat Tuesday</i> King Cake Social - CR</p> <p>6:00 Music Entertainment with Tim Patrick - CR</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 Ash Wednesday Worship Service - CR</p> <p>*10:45 Lunch Outing: Osaka Seafood Steakhouse (Apple Valley)</p> <p>11:00 <i>Art with Heart</i> with Artists Debbie & Sue - WR</p> <p>1:15 Low Vision Support Group with Vision Loss Resources - WR</p> <p>3:00 Chef's Special Social - CR</p> <p>6:30 Catholic Rosary - CH</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Stretch & Strength</i> Exercise - CR</p> <p>10:45 Exploring Art with Debbie - WR</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR</p> <p>2:00 Manicures (By Appt. - 2nd floor)</p> <p>2:00 Friendship Visits - ECA</p> <p>3:00 <i>National Strawberry Day</i> Social - CR</p> <p>6:00 Music Videos with Erin - CR</p>	<p>7:45 Coffee Chats - CR</p> <p>9:30 <i>Balance</i> Exercise Class - WR</p> <p>*10:30 Ebenezer Ridges Campus Intergenerational Beach Bash: Music by Beachcomber Bob - ECH</p> <p>11:30 National Casserole Day Themed Lunch - DR</p> <p>*1:00 Shopping Trip: Target (Burnsville)</p> <p>1:30 Cards & Games - CR</p> <p>1:30 Friendship Visits - ECA</p> <p>3:00 Popcorn Social - CR</p> <p>6:00 Evening Movie: Safe Haven - TH</p>	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>10:45 Photo/Travel Stories with Erin - CR</p> <p>1:00 Remember When... Reminiscing with Erin - CR</p> <p>3:00 Afternoon Refreshments - CR</p>

LOCATION KEY: CH = Arbors Chapel (1st floor); CR = Community Room (1st floor); DR = Dining Room (1st floor); ECA = Enhanced Care Apartments (1st floor); ECH = Ebenezer Chapel; PDR = Private Dining Room (1st floor); TH = Theater Room (1st floor); WR = Wellness Room (1st floor)