

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

 <p><b>January 2019</b> <i>Arbors at Ridges</i> <b>Events Calendar</b></p>	 <p><b>1</b> 10:30 Catholic Communion - CH 2:00 Afternoon Movie: <i>The Help</i> - TH New Year's Day</p>	<p><b>2</b> 7:45 Morning Coffee Chats - CR 9:30 Memorial Service - CR 10:45 Northern Clay Center Pottery Class - WR *11:00 Lunch Outing: <i>Red Lobster (Burnsville)</i> 1:30 Dime Bingo - CR 2:30 Pet Visits with Charolette 3:00 New Tenant Welcome Social - CR 6:30 Catholic Rosary - CR</p>	<p><b>3</b> 7:45 Coffee Chats - CR 9:30 SAIL Fitness Class - CR 10:45 Wellness Virtual Reality (VR) Travel Club with Chris - CR 1:15 MacPhail Center for Music "Music for Life" Program - CR 2:00 Manicures (By Appt. - 2<sup>nd</sup> floor) 3:00 Pet Visits with Scruffy 3:00 Happy Hour - CR 6:00 Music Videos with Erin - CR</p>	<p><b>4</b> 7:45 Coffee Chats - CR 9:30 Balance Exercise Class - CR 10:30 Healing Hands (Hand Massages) - Sign up at the front desk *1:00 Shopping Trip: <i>Cub Foods (Burnsville)</i> 1:30 Wellness Presentation with Kari: <i>Hospice Care</i> - CR 3:00 Hot Cocoa Social - CR 6:00 Evening Movie: <i>Faith of Our Fathers</i> - TH</p>	<p><b>5</b> 9:30 Arthritis Foundation Exercise DVD - CR 10:30 Chair Yoga with Amy - CR 1:30 Adult Coloring for Relaxation - CS 3:00 Afternoon Refreshments - CR</p>
<p><b>6</b> 9:30 Morning Devotions - CR 1:00 Afternoon Movie - TH 1:15 Current Events - Lobby 3:00 Afternoon Refreshments - CR</p>	<p><b>7</b> 7:45 Coffee Chats - CR 9:30 Arthritis Foundation Exercise DVD - CR 10:45 Snowman Project with Ebenezer Preschoolers - CR 12:15 Pet Visits with Finnegan-CR 1:15 Bible Study - CH 2:45 Arbor Lites Choir Practice-CR 3:30 Happy Hour - CR 6:00 Rick Steves' Travel Series: <i>Greek Islands: Santorini, Mykonos and Rhodes</i></p>	<p><b>8</b> 7:45 Coffee Chats - CR 9:30 SAIL Fitness Class - CR 10:00 Project Veteran Pet Visits *10:30 Catholic Mass - ECH 1:00 Food Forum - CR 2:00 Winter Craft with Shari-WR 3:30 Happy Hour - CR 6:00 Evening Movie: <i>Turner &amp; Hooch</i> - TH</p>	<p><b>9</b> 7:45 Coffee Chats - CR 9:30 Communion Service - CR 11:00 Art with Heart with Artists Debbie &amp; Sue - WR *1:00 Shopping Trip: <i>Tuesday Morning (Burnsville)</i> 1:30 Dime Bingo - CR 2:30 Pet Visits with Charolette 3:00 Chef's Specialty Social Hour - CR 6:30 Catholic Rosary - CR</p>	<p><b>10</b> 7:45 Coffee Chats - CR 9:30 SAIL Fitness Class - CR 10:45 Community Outreach Project with Harriet Bishop Elementary Students: Get-Well Cards for Ebenezer Transitional Care Patients - CR 1:15 MacPhail Center for Music "Music for Life" Program - CR 2:00 Manicures (By Appt. - 2<sup>nd</sup> floor) 3:00 Pet Visits with Scruffy 3:00 Happy Hour - CR 6:00 Music Videos with Erin - CR</p>	<p><b>11</b> 7:45 Coffee Chats - CR 9:30 Balance Exercise Class - CR 10:30 Healing Hands (Hand Massages) - Sign up at the front desk *1:00 Shopping Trip: <i>Target (Burnsville)</i> 1:30 Wii Bowling - TH 3:00 Hot Cocoa Social - CR 6:00 Evening Movie: <i>Harry and Snowman</i> - TH</p>
<p><b>13</b> 9:30 Morning Devotions - CR 1:00 Afternoon Movie - TH 1:15 Current Events - Lobby 3:00 Afternoon Refreshments - CR</p>	<p><b>14</b> 7:45 Coffee Chats - CR 9:30 Arthritis Foundation Exercise Class - CR 10:45 Morning Greetings with Ebenezer Preschoolers 12:15 Pet Visits with Finnegan - CR 1:15 Bible Study - CH 2:00 Arbor Belles Women's Group with Erin - WR 2:45 Arbor Lites Choir Practice - CR 3:30 Happy Hour - CR 6:00 Rick Steves' Travel Series: <i>The Best of Sicily</i> - TH</p>	<p><b>15</b> 7:45 Coffee Chats - CR 9:30 SAIL Fitness Class - CR *11:00 Ebenezer Ridges Intergenerational Birthday Party - Arbors MC Community Room 1:00 Resident Forum - CR 2:00 Winter Craft with Shari-WR 3:30 Happy Hour - CR *3:45 Catholic Mass - ECH 6:00 Evening Movie: <i>Hope Floats</i> - TH</p>	<p><b>16</b> 7:45 Coffee Chats - CR 9:30 Worship Service - CR *10:45 Lunch Outing: <i>Porter Creek (Burnsville)</i> 1:30 Dime Bingo - CR 2:30 Pet Visits with Charolette 3:00 Chef's Specialty Social Hour - CR 6:30 Catholic Rosary - CR</p>	<p><b>17</b> 7:45 Coffee Chats - CR 9:30 SAIL Fitness Class - CR 10:45 Wellness Virtual Reality (VR) Travel Club with Chris - CR 1:15 MacPhail Center for Music "Music for Life" Program - CR 3:00 Pet Visits with Scruffy 3:00 Happy Hour - CR 6:00 Music Videos with Erin - CR</p>	<p><b>18</b> 7:45 Coffee Chats - CR 9:30 Balance Exercise Class - CR 10:30 Healing Hands (Hand Massages) - Sign up at the front desk 12:00 - 2:30 <i>Green Books Book Fair</i> - CR *1:00 Shopping Trip: <i>Cub Foods (Burnsville)</i> 1:30 Wii Bowling - TH 3:00 Hot Cocoa Social - CR 6:00 Evening Movie: <i>Last Ounce of Courage</i> - TH</p>
<p><b>20</b> 9:30 Morning Devotions - CR 1:00 Afternoon Movie - TH 1:15 Current Events - Lobby 3:00 Afternoon Refreshments - CR</p>	<p><b>21</b> 7:45 Coffee Chats - CR 9:30 Arthritis Foundation Exercise - CR 10:45 Kids Say the Darndest Things with Ebenezer Preschoolers - CR 12:15 Pet Visits with Finnegan - CR 1:15 Bible Study - CH 2:45 Arbor Lites Choir Practice - CR 3:30 Happy Hour - CR *4:30 Men's Group Dinner Outing: <i>Roasted Pear (Burnsville)</i> 6:00 Tribute to Dr. Martin Luther Martin Luther King Day King - TH Tu B'Shevat</p>	<p><b>22</b> 7:45 Coffee Chats - CR 9:30 SAIL Fitness Class - CR 10:30 Catholic Communion - CH 12:00 Special Lunch with Ebenezer Preschoolers - CR 2:00 Music by <i>The Hi-Hats</i> - CR 3:30 Happy Hour - CR 6:00 Evening Movie: <i>The Blind Side</i> - TH</p>	<p><b>23</b> 7:45 Coffee Chats - CR 9:30 Worship Service - CR 11:00 Art with Heart with Artists Debbie &amp; Sue - WR *1:00 Shopping Trip: <i>Dollar Store (Apple Valley)</i> 1:30 Dime Bingo - CR 2:30 Pet Visits with Charolette 3:00 Chef's Specialty Social Hour - CR 6:30 Catholic Rosary - CR</p>	<p><b>24</b> 7:45 Coffee Chats - CR 9:30 SAIL Fitness Class - CR 10:45 Exploring Art with Debbie - WR 1:15 MacPhail Center for Music "Music for Life" Program - CR 2:00 Manicures (By Appt. - 2<sup>nd</sup> floor) 3:00 Pet Visits with Scruffy 3:00 Happy Hour - CR 6:00 "The Beatles" Music Presentation with Mike K. - CR</p>	<p><b>25</b> 7:45 Coffee Chats - CR 9:30 Balance Exercise Class - CR 10:30 Healing Hands (Hand Massages) - Sign up at the front desk *1:00 Shopping Trip: <i>Target (Burnsville)</i> 1:30 Wii Bowling - TH 3:00 Hot Cocoa Social - CR 6:00 Evening Movie: <i>Chocolat</i> - TH</p>
<p><b>27</b> 9:30 Morning Devotions - CR 1:00 Afternoon Movie - TH 1:15 Current Events - Lobby 3:00 Afternoon Refreshments - CR</p>	<p><b>28</b> 7:45 Coffee Chats - CR 9:30 Arthritis Foundation Exercise Class - CR 10:45 Life History Visits 12:15 Pet Visits with Finnegan-CR 1:15 Bible Study - CH 2:00 Slide Presentation by Mike K.- CR 2:45 Arbor Lites Choir Practice - CR 3:30 Happy Hour - CR 6:00 Rick Steves' Travel Series: <i>Australia Travel Documentary</i> - TH Australia Day (observed)</p>	<p><b>29</b> 7:45 Coffee Chats - CR 9:30 SAIL Fitness Class - CR 10:45 Welcoming Committee - CH 2:00 Music by <i>Amy &amp; Adams</i> - CR 3:30 Happy Hour - CR 6:00 Evening Movie: <i>Same Kind of Different as Me</i> - TH</p>	<p><b>30</b> 7:45 Coffee Chats - CR 9:30 Worship Service - CR *10:45 Lunch Outing: <i>Patrick's Bakery &amp; Cafe (Bachman's in Richfield)</i> 1:30 Dime Bingo - CR 2:30 Pet Visits with Charolette 3:00 Chef's Specialty Social Hour - CR 6:30 Catholic Rosary - CR</p>	<p><b>31</b> 7:45 Coffee Chats - CR 9:30 SAIL Fitness Class - CR 10:45 Life History Visits 1:15 MacPhail Center for Music "Music for Life" Program - CR 3:00 Pet Visits with Scruffy 3:00 Happy Hour - CR 6:00 Music Videos with Erin - CR</p>	<p><b>Events marked with an asterisk (*) will take place in other areas of Ebenezer Ridges campus or out in the community.</b></p> <p><b>To board the free shuttle/outing bus, please sign up at the front desk and report to the lobby 30 minutes prior to the scheduled time for each event.</b></p>

**LOCATION KEY:** CH = Arbors Chapel (1<sup>st</sup> floor); CR = Community Room (1<sup>st</sup> floor); CS = Care Suites Dining Room (1<sup>st</sup> floor); DR = Dining Room (1<sup>st</sup> floor); ECH = Ebenezer Chapel; PDR = Private Dining Room (1<sup>st</sup> floor); TH = Theater Room (1<sup>st</sup> floor); WR = Wellness Room (1<sup>st</sup> floor)