

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2020

Arbors at Ridges Events Calendar



2:00 Christmas Movie:
New Year's Eve - TH

New Year's Day

<p>5</p> <p>10:30 Morning Devotions - CH</p> <p>1:00 Afternoon Movie - TH</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>6</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Stretch & Strength Exercise - CR</p> <p>10:45 Morning Greetings from Ebenezer Preschool Friends</p> <p>1:15 Bible Study - CH</p> <p>2:00 Sharing Life Stories Video Project (Please sign up in the lobby)</p> <p>2:45 Arbor Lites Choir Practice-CR</p> <p>3:30 National Cream Puff Day Social - CR</p> <p>6:00 Rick Steve's Travel Series-TH</p>	<p>7</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Balance Exercise Class - CR</p> <p>10:30 Catholic Communion - CH</p> <p>11:30 Lunch with Ebenezer Preschool Friends - DR</p> <p>2:00 Encouragement Group with Chaplain Darin - WR</p> <p>3:00 Welcome Social: Amy J. (Director of Health Services) - CR</p> <p>6:00 Cowboy Classics Music with Todd Anderson - CR</p>	<p>8</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Memorial Service - CR</p> <p>*10:45 Lunch Outing: Fireside Restaurant (Rosemount)</p> <p>1:30 Dime Bingo - CR</p> <p>2:30 Pet Visits with Charolette</p> <p>3:00 Chef's Special Social - CR</p> <p>6:30 Catholic Rosary - CH</p>	<p>9</p> <p>National Law Enforcement Appreciation Day</p> <p>9:30 SAIL Fitness Class - CR</p> <p>11:30 Pizza with the Police - CR</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR</p> <p>2:00 Manicures (By Appt. - 2nd floor)</p> <p>2:30 Pet Visits with Scruffy</p> <p>3:00 New Tenant Welcome Social-CR</p> <p>6:00 Camp Courage Informational Session with Ann - CR</p>	<p>10</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Balance Exercise Class - WR</p> <p>10:30 Healing Hands (Hand Massages by appt. - Sign up in the lobby)</p> <p>*1:00 Shopping Trip: Target (Burnsville)</p> <p>3:00 National Chocolate Covered Cherry Day Social - CR</p> <p>6:00 Evening Movie: Break Through - TH</p>	<p>4</p> <p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>10:30 Friendship Visits</p> <p>1:00 Black Jack Game with Betsy - CR</p> <p>3:00 Afternoon Refreshments - CR</p>
<p>12</p> <p>10:30 Morning Devotions - CH</p> <p>1:00 Afternoon Movie - TH</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 National Hot Toddy Day Social - CR</p>	<p>13</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Stretch & Strength Exercise - CR</p> <p>10:45 Winter Carnival Event with Ebenezer Preschool Friends - CR</p> <p>1:15 Bible Study - CH</p> <p>2:00 Sharing Life Stories Video Project (Please sign up in the lobby)</p> <p>2:45 Arbor Lites Choir Practice-CR</p> <p>3:30 Happy Hour - CR</p> <p>6:00 Evening Movie: Instant Family - TH</p>	<p>14</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Balance Exercise Class - CR</p> <p>10:00 Project Veteran Pet Visits</p> <p>*10:30 Catholic Mass - ECH</p> <p>1:00 Legacy Project with Prior Lake High School MNCAPS Students</p> <p>2:00 Resident Forum - CR</p> <p>3:00 Happy Hour - CR</p> <p>6:00 Music Entertainment with FireSpice - CR</p>	<p>15</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Communion Service - CR</p> <p>*11:00 Lunch Outing: Olive Garden (Burnsville)</p> <p>1:30 Dime Bingo - CR</p> <p>2:30 Pet Visits with Charolette</p> <p>3:00 National Strawberry Ice Cream Day Social - CR</p> <p>6:30 Catholic Rosary - CH</p>	<p>16</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 SAIL Fitness Class - CR</p> <p>10:45 HealthRHYTHMS Drumming for Wellness - CR</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR (No Manicures today)</p> <p>2:30 Pet Visits with Scruffy</p> <p>3:00 Happy Hour - CR</p> <p>6:00 Music Videos with Erin - CR</p>	<p>17</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Balance Exercise Class - WR</p> <p>10:30 Healing Hands (Hand Massages by appt. - Sign up in the lobby)</p> <p>*1:00 Shopping Trip: Lunds & Byerlys (Burnsville)</p> <p>*2:00 Blue Grass Music by Dale Martell - CR</p> <p>3:30 National Hot Buttered Rum Day Social - CR</p> <p>6:00 Evening Movie: The Mountain Between Us - TH</p>	<p>11</p> <p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>10:45 Photo/Travel Stories with Erin - CR</p> <p>1:30 Homemade Cards Craft with Erin - CR</p> <p>3:00 National Irish Coffee Day Social - CR</p>
<p>19</p> <p>10:30 Morning Devotions - CH</p> <p>1:00 Afternoon Movie - TH</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Afternoon Refreshments - CR</p> <p>Activity Professionals Week</p>	<p>20</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Stretch & Strength Exercise - CR</p> <p>*10:30 Empty Bowls Pottery Class with Northern Clay Center - ECH</p> <p>1:15 Bible Study - CH</p> <p>2:00 Slide Presentation with Mike: In Search of Donna Reed - WR</p> <p>2:45 Arbor Lites Choir Practice-CR</p> <p>3:30 National Cheese Lovers Day Social - CR</p> <p>6:00 Tribute to Dr. Martin Luther King - TH</p> <p>Martin Luther King Day</p>	<p>21</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Balance Exercise Class - CR</p> <p>*11:00 Ebenezer Ridges Intergenerational Birthday Party - Arbor Lane Community Room</p> <p>1:00 Food Forum - WR</p> <p>2:00 Community Outreach Project with Harriet Bishop Elementary Students - CR</p> <p>3:00 Happy Hour - CR</p> <p>4:00 Catholic Mass with Anointing - CR</p> <p>6:00 Music with Ben Aaron - CR</p>	<p>22</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Worship Service - CR</p> <p>11:00 Art with Heart with Artists Debbie & Sue - WR</p> <p>*1:00 Shopping Outing: Dollar Tree (Apple Valley)</p> <p>1:30 Dime Bingo - CR</p> <p>2:30 Pet Visits with Charolette</p> <p>3:00 National Blonde Brownie Day Social - CR</p> <p>6:30 Catholic Rosary - CH</p>	<p>23</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 SAIL Fitness Class - CR</p> <p>10:45 Exploring Art with Debbie - WR</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR</p> <p>2:00 Manicures (By Appt. - 2nd floor)</p> <p>2:30 Pet Visits with Scruffy</p> <p>3:00 National Pie Day Social - CR</p> <p>6:00 Sip & Swirl: Uncork Your Creativity Wine & Painting Class with Teaching Artist Ann S. - CR</p>	<p>24</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Balance Exercise Class - WR</p> <p>10:30 Healing Hands (Hand Massages by appt. - Sign up in the lobby)</p> <p>*1:00 Shopping Trip: Target (Burnsville)</p> <p>1:30 Cards & Games - CR</p> <p>3:00 Hot Cocoa Social - CR</p> <p>6:00 Evening Movie: Arctic - TH</p>	<p>18</p> <p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>10:30 Friendship Visits</p> <p>1:00 Farkle Dice Game with Betsy - CR</p> <p>3:00 National Gourmet Coffee Day Social - CR</p>
<p>26</p> <p>10:30 Morning Devotions - CH</p> <p>1:00 Afternoon Movie - TH</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Afternoon Refreshments - CR</p>	<p>27</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Stretch & Strength Exercise - CR</p> <p>10:45 Arbors Intergenerational Spelling Bee! - CR</p> <p>1:15 Bible Study - CH</p> <p>2:00 Sharing Life Stories Video Project (Please sign up in the lobby)</p> <p>2:45 Arbor Lites Choir Practice-CR</p> <p>3:30 Happy Hour - CR</p> <p>6:00 Evening Movie: Breathe - TH</p> <p>Australia Day (observed)</p>	<p>28</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Balance Exercise Class - CR</p> <p>10:30 Catholic Communion - CH</p> <p>12:00 Special Lunch with Ebenezer Preschool Friends - CR</p> <p>1:00 Legacy Project with Prior Lake High School MNCAPS Students</p> <p>2:00 Elvis Performance with Ashley - CR</p> <p>3:30 Happy Hour - CR</p> <p>6:00 Accordion Music with Mark Stillman - CR</p>	<p>29</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Worship Service - CR</p> <p>*10:30 Lunch & Shopping Outing: Galleria Mall (Edina)</p> <p>11:00 Art with Heart with Artists Debbie & Sue - WR</p> <p>1:30 Dime Bingo - CR</p> <p>2:30 Pet Visits with Charolette</p> <p>3:00 National Corn Chip Day Social - CR</p> <p>6:30 Catholic Rosary - CH</p>	<p>30</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Stretch & Strength Exercise - CR</p> <p>10:45 Welcoming Committee Meeting - CH</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR (No Manicures today)</p> <p>2:30 Pet Visits with Scruffy</p> <p>3:00 Happy Hour - CR</p> <p>5:30 Music Videos with Erin - CR</p>	<p>31</p> <p>7:45 Coffee Chats - CR</p> <p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>*10:30 Ebenezer Ridges Campus Talent Show - ECH</p> <p>*1:00 Shopping Trip: Cub Foods (Burnsville)</p> <p>*2:00 School House Memories Presentation by Photographer Doug Ohman - ECH</p> <p>3:00 National Hot Cocoa Day Social - CR</p> <p>6:00 Evening Movie: The Finest Hours - TH</p>	<p>25</p> <p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>10:45 Photo/Travel Stories with Erin - CR</p> <p>*Movie Theater Outing (Movie, Time & Theater TBD)</p> <p>1:30 Cards & Games - CR</p> <p>3:00 Afternoon Refreshments - CR</p> <p>Chinese New Year</p>