

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

JULY 2017

Arbors at Ridges Events Calendar

										<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>1:15 Current Events – Lobby</p> <p>3:00 Afternoon Refreshments - CR</p> <p>Canada Day</p>				
<p>9:30 Morning Devotions - CR</p> <p>10:30 Walking Club - Meet in Lobby</p> <p>1:00 Afternoon Movie - TH</p> <p>3:00 Afternoon Refreshments - CR</p>	2	<p>10:00 Patriotic Parade with Ebenezer Preschoolers - CR</p> <p>1:15 Bible Study - CH</p> <p>2:00 Manicures (By Appt. - 2nd floor)</p> <p>2:45 Arbor Lites Choir Practice - CR</p> <p>3:30 Patriotic Music with Bob & Mary Mitchell (Refreshments will be served) - CR</p> <p>6:15 Evening Movie: Father of the Bride 2 - TH</p>	3	 <p>9:30 Arthritis Foundation DVD - WR</p> <p>10:30 Catholic Communion - CH</p> <p>2:00 4th of July Documentary: Modern Marvels: The History of Independence Day - TH</p> <p>Independence Day</p>		4	<p>9:30 Ebenezer Memorial Service - CR</p> <p>10:45 <i>Stretch</i> Exercise DVD - CR</p> <p>*1:00 Shopping Outing: Cub Foods (Burnsville)</p> <p>1:00 – 3:00 Social Worker (Marlies V.) - Open Office Hours - 2nd Floor Events Office</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Ice Cream Social - CR</p> <p>6:30 Catholic Rosary - CH</p>	5	<p>9:30 Arthritis Foundation Exercise Class - CR</p> <p>10:30 Art with Heart with Artists Debbie & Sue - WR</p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>2:00 Arbor Belles Women's Group: (Travel Presentation with Susan: Switzerland - CR</p> <p>3:15 Happy Hour - CR</p> <p>6:15 The Golden Girls (Season 2)-TH</p>	6	<p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>10:45 Drum Making Presentation by Wayne - CR</p> <p>*1:00 Shopping Outing: Cub Foods (Burnsville)</p> <p>1:30 500 Card Game - CS</p> <p>3:30 Fresh Fruit Social - CR</p> <p>6:15 Evening Movie: The Sandy Bottom Orchestra - TH</p>	7	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>1:15 Current Events – Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	8
<p>9:30 Morning Devotions - CR</p> <p>10:30 Walking Club - Meet in Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	9	<p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>10:45 Patriotic Project with Ebenezer Preschoolers</p> <p>1:15 Bible Study - CH</p> <p>*2:30 Shopping Outing: Target (Burnsville)</p> <p>2:45 Arbor Lites Choir Practice-CR</p> <p>3:30 Happy Hour - CR</p> <p>6:15 Evening Movie: The Shack - TH</p>	10	<p>9:30 Arthritis Foundation Class-CR</p> <p>*10:30 Catholic Mass - ECH</p> <p>1:15 MacPhail Center for Music "Music for Life" Community Presentation - CR</p> <p>3:00 Happy Hour - CR</p> <p>6:15 Mystery Film: Sherlock Holmes - TH</p>	11	<p>9:30 Communion Service - CR</p> <p>10:45 <i>Balance</i> Exercise Class - CR</p> <p>*11:00 Picnic Lunch: Earley Lake (Burnsville)</p> <p>1:30 Dakota County Historical Society: Past, Present & Future Presentation - CR</p> <p>3:00 Ice Cream Social - CR</p> <p>6:30 Catholic Rosary - CH</p>	12	<p>9:30 Arthritis Foundation Exercise Class - CR</p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>1:15 Welcoming Committee Meeting - CH</p> <p>2:00 Music with Lyndon Peterson - CR</p> <p>3:30 Happy Hour - CR</p> <p>6:15 The Golden Girls (Season 2) - TH</p>	13	<p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>10:45 HealthRHYTHMS Drumming Session - CR</p> <p>*1:00 Shopping Outing: Target (Burnsville)</p> <p>1:30 Caregiver Spotlight: Julie U. (Care Attendant) - CR</p> <p>3:00 Fresh Fruit Social - CR</p> <p>6:15 Evening Musical: La La Land - TH</p>	14	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>1:15 Current Events – Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	15	
<p>9:30 Morning Devotions - CR</p> <p>10:30 Walking Club - Meet in Lobby</p> <p>1:00 Christmas in July Afternoon Movie: White Christmas - TH</p> <p>3:00 Christmas in July Social - CR</p>	16	<p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>10:45 Morning Greetings from Ebenezer Preschoolers</p> <p>1:15 Bible Study - CH</p> <p>*2:30 Shopping Outing: Cub Foods (Burnsville)</p> <p>2:45 Arbor Lites Choir Practice-CR</p> <p>3:30 Happy Hour - CR</p> <p>6:15 Evening Movie: We Bought a Zoo - TH</p>	17	<p>9:30 <i>Balance</i> Exercise Class - WR</p> <p>*11:00 Ebenezer Ridges Intergenerational Birthday Party - Arbors MC Community Room</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR</p> <p>3:00 Happy Hour - CR</p> <p>*3:45 Catholic Mass - ECH</p> <p>6:15 Mystery Film: Sherlock Holmes - TH</p>	18	<p>9:30 Worship Service - CR</p> <p>10:45 <i>Balance</i> Exercise Class - CR</p> <p>*10:45 Lunch on the Lake: Charlie's (Prior Lake)</p> <p>1:00 – 3:00 Social Worker (Marlies V.) - Open Office Hours - 2nd Floor Events Office</p> <p>1:30 Fall Prevention Presentation by Occupational Therapist Angie - CR</p> <p>3:00 Ice Cream Social - CR</p> <p>6:30 Catholic Rosary - CH</p>	19	<p>9:30 Arthritis Foundation Exercise Class - CR</p> <p>10:30 Art with Heart with Artists Debbie & Sue - WR</p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>1:00 Food Forum with Bill - CR</p> <p>1:30 Resident Forum - CR</p> <p>3:00 Happy Hour - CR</p> <p>6:15 Golden Girls (Season 2) - TH</p>	20	<p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>10:45 HealthRHYTHMS Drumming Session - CR</p> <p>12:30 – 2:30 Green Books Free Book Fair - CR</p> <p>*1:00 Shopping Outing: Cub Foods (Burnsville)</p> <p>2:00 Life Stories with Valerie - CS</p> <p>3:30 Fresh Fruit Social - CR</p> <p>6:15 Evening Movie: Cheaper By the Dozen - TH</p>	21	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>1:15 Current Events – Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	22	
<p>9:30 Morning Devotions - CR</p> <p>10:30 Walking Club - Meet in Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	23	<p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>*10:30 Intergenerational Event: High Tech Science - ECH</p> <p>1:15 Bible Study - CH</p> <p>*2:30 Shopping Outing: Target (Burnsville)</p> <p>2:45 Arbor Lites Choir Practice-CR</p> <p>3:30 Happy Hour - CR</p> <p>6:15 Evening Movie: Cheaper By the Dozen 2 - TH</p>	24	<p>9:30 Arthritis Foundation Exercise Class - CR</p> <p>10:30 Catholic Communion - CH</p> <p>12:00 Special Lunch with Ebenezer Preschoolers - DR</p> <p>1:15 MacPhail Center for Music "Music for Life" Program - CR</p> <p>3:00 Happy Hour - CR</p> <p>6:15 Mystery Film: Sherlock Holmes - TH</p>	25	<p>9:30 Worship Service - CR</p> <p>*10:15 Outing: St. Croix Riverboat Luncheon Cruise</p> <p>10:45 <i>Stretch</i> Exercise Class - CR</p> <p>1:00 Project Veteran Pet Visits</p> <p>1:30 Dime Bingo - CR</p> <p>3:00 Ice Cream Social - CR</p> <p>6:30 Catholic Rosary - CH</p>	26	<p>9:30 Arthritis Foundation Exercise Class - CR</p> <p>10:30 Exploring Art with Debbie - CR</p> <p>10:45 Healing Hands (Hand Massages - Sign up at the front desk)</p> <p>2:00 Music with Ben Aaron - CR</p> <p>3:30 Happy Hour - CR</p> <p>6:15 The Golden Girls (Season 2) - TH</p>	27	<p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>10:45 HealthRHYTHMS Drumming Session - CR</p> <p>*1:00 Shopping Outing: Target (Burnsville)</p> <p>1:15 Intergenerational Movie: Up with Ebenezer Childcare kids-TH</p> <p>3:00 Fresh Fruit Social - CR</p> <p>6:15 Evening Movie: I'm Not Ashamed - TH</p>	28	<p>9:30 Arthritis Foundation Exercise DVD - CR</p> <p>1:15 Current Events – Lobby</p> <p>3:00 Afternoon Refreshments - CR</p>	29	
<p>9:30 Morning Devotions - CR</p> <p>10:30 Walking Club - Meet in Lobby</p> <p>1:00 Afternoon Movie - TH</p> <p>3:00 Afternoon Refreshments - CR</p>	30	<p>9:30 <i>Balance</i> Exercise Class - CR</p> <p>10:45 Morning Greetings from Ebenezer Preschoolers</p> <p>1:15 Bible Study - CH</p> <p>*2:30 Shopping Outing: Cub Foods (Burnsville)</p> <p>2:45 Arbor Lites Choir Practice-CR</p> <p>3:30 Happy Hour - CR</p> <p>6:15 Evening Movie: Cowgirls 'n' Angels - TH</p>	31	<p>Events marked with an asterisk (*) will take place in other areas of Ebenezer Ridges campus or out in the community. To board the free shuttle/outing bus, please sign up at the front desk and report to the lobby 30 minutes prior to the scheduled time for each event.</p>										

LOCATION KEY: CH = Arbors Chapel (1st floor); CR = Community Room (1st floor); CS = Care Suites Dining Room (1st floor); DR = Dining Room (1st floor); ECH = Ebenezer Chapel; MC = Arbor Lane Memory Care; PDR = Private Dining Room (1st floor); RP = Ridge Point Community Room; TH = Theater Room (1st floor); WR = Wellness Room (1st floor)