



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Morning Devotions - CR 1 10:30 Walking Club - Meet in Lobby 1:00 Afternoon Movie - TH 1:15 Current Events - Lobby 3:00 Afternoon Refreshments with Piano Music by Ryan - CR Canada Day	9:30 Arthritis Foundation DVD - CR 2 10:15 Buggy Visits with Ebenezer Infants - CR 10:45 "Only One You" Story and Painting with Childcare Kids 1:15 Bible Study - CH 2:00 Patriotic Decorating (Walkers & Wheelchairs) - CR 2:45 Arbor Lites Choir Practice-CR 3:30 Happy Hour - CR/Patio 6:00 Comedy Hour: I Love Lucy - TH	9:15 SAIL Fitness Class - CR 3 10:00 Patriotic Parade with Ebenezer Ridges Childcare kids- CR 10:30 Catholic Communion - CH (No MacPhail Music today) *2:00 Ebenezer Ridges Campus Ice Cream Social with Patriotic Music by The Hi-Hats - ECH 6:00 Evening Movie: Redeemed - TH	 4 1:30 pm - Classic History's Independence Day Documentary (Snacks will be served) - TH Independence Day	9:00 - 10:00 Blood Pressure Clinic - CH 5 9:30 SAIL Fitness Class - CR 10:45 HealthRHYTHMS Drumming Session - CR 1:30 Arbor Belles Women's Group with Erin - CR 3:00 Patriotic Social (with Music by Bob & Mary) - CR 6:00 Rick Steves' Travel Series: French Riviera: Uniquely Chic -TH	9:30 Arthritis Foundation DVD - CR 6 *10:30 Intergenerational Event: Dog Days of Summer - ECH 12:00 - 2:30 Green Books Free Book Fair - CR *1:00 Shopping Outing: Target (Burnsville) 1:30 Wii Bowling - TH 3:00 Fresh Fruit Social - CR/Patio 6:00 Evening Movie: Finding Normal - TH	9:30 Arthritis Foundation Exercise DVD - CR 7 10:45 Brain Teasers: Group Crossword Puzzle - CR 1:15 Adult Coloring for Relaxation - CS 3:00 Afternoon Refreshments - CR
9:30 Morning Devotions - CR 8 10:30 Walking Club - Meet in Lobby 1:00 Afternoon Movie - TH 1:15 Current Events - Lobby 3:00 Afternoon Refreshments with Piano Music by Ryan - CR	9:30 Balance Exercise Class - CR 9 10:15 Buggy Visits with Ebenezer Infants - CR *10:30 Intergenerational Event: Tori's Precious Pets - ECH 1:15 Bible Study - CH 2:00 Creative Corner (Open Art) - CS 2:45 Arbor Lites Choir Practice-CR 3:30 Happy Hour - CR/Patio 6:00 Comedy Hour: I Love Lucy - TH	9:30 SAIL Fitness Class - CR 10 *10:30 Catholic Mass - ECH 1:15 MacPhail Center for Music "Music for Life" Program - CR 2:00 Manicures (By Appt. - 2 nd floor) 2:30 Pet Visits with Charolette 3:00 Happy Hour - CR/Patio 6:00 Evening Movie: Priceless - TH	9:30 Worship Service - CR 11 *10:45 Lunch on the Lake: Charlie's (Prior Lake) 11:00 Art with Heart with Artists Debbie & Sue - WR 1:30 Dime Bingo - CR 3:00 Ice Cream Treats - CR/Patio 6:30 Catholic Rosary - CH	9:30 SAIL Fitness Class - CR 12 10:45 Healing Hands (Hand Massages) - Sign up at the front desk 1:00 Food Forum with Bill - CR 2:00 Memories of the Mills Bros. Music with Monroe Wright - CR 3:30 Happy Hour - CR/Patio 6:00 Rick Steves' Travel Series: Highlights of Paris - Eiffel and Monet to Crème Brûlée - TH	9:30 Balance Exercise Class - CR 13 10:45 HealthRHYTHMS Drumming Session - CR *1:00 Shopping Outing: Kowalski's (Egan) 1:30 Wellness Presentation with Kari - CR 3:00 Fresh Fruit Social - CR/Patio 6:00 Evening Movie: The King's Speech - TH	9:30 Arthritis Foundation Exercise DVD - CR 14 10:45 Photo Stories with Erin - CR *1:00 Scenic Drive: Minnesota Landscape Arboretum (Chanhassen) 1:15 Adult Coloring for Relaxation - CS 3:00 Afternoon Refreshments - CR
9:30 Morning Devotions - CR 15 10:30 Walking Club - Meet in Lobby 1:00 Afternoon Movie - TH 1:15 Current Events - Lobby 3:00 Afternoon Refreshments - CR	9:30 Balance Exercise Class - CR 16 10:15 Buggy Visits with Ebenezer Infants - CR 10:45 Yard Games with Ebenezer Preschoolers - Back Patio 1:15 Bible Study - CH 2:00 Creative Corner (Open Art) - CS 2:45 Arbor Lites Choir Practice-CR 3:30 Happy Hour - CR/Patio 6:00 Comedy Hour: I Love Lucy - TH	9:30 SAIL Fitness Class - CR 17 *11:00 Ebenezer Ridges Intergenerational Birthday Party - Arbors MC Community Room 1:15 MacPhail Center for Music "Music for Life" Program - CR 2:30 Pet Visits with Charolette 3:00 Happy Hour - CR/Patio 6:00 Evening Movie: Alone Yet Not Alone - TH	9:30 Worship Service - CR 18 10:45 Northern Clay Center Pottery Class - WR *11:00 Picnic & Sightseeing: Minnehaha Falls (Minneapolis) 1:00 - 3:00 Social Worker Marlies V. Open Office Hours - 2nd floor 1:30 Dime Bingo - CR 3:00 Ice Cream Treats - CR/Patio 6:30 Catholic Rosary - CH	9:30 SAIL Fitness Class - CR 19 10:45 Healing Hands (Hand Massages) - Sign up at the front desk 1:00 Resident Forum - CR 2:00 Dementia Care Partners Education Group - CH 3:15 Happy Hour - CR 4:30 Employee Appreciation Picnic Theme Dinner - DR 6:00 Rick Steves' Travel Series: Provence - Legendary Light, Wind and Wine - TH	9:30 Balance Exercise Class - CR 20 *10:30 Intergenerational Event: RAD Zoo - ECH 10:45 HealthRHYTHMS Drumming Session- CR *1:00 Shopping Outing: Walmart (Burnsville) 1:30 Wii Bowling - TH 3:00 Fresh Fruit Social - CR/Patio 6:00 Evening Movie: The Hiding Place - TH	9:30 Arthritis Foundation Exercise DVD - CR 21 10:45 Brain Teasers: Group Crossword Puzzle - CR 1:15 Adult Coloring for Relaxation - CS 3:00 Afternoon Refreshments - CR
9:30 Morning Devotions - CR 22 10:30 Walking Club - Meet in Lobby 1:00 Afternoon Movie - TH 1:15 Current Events - Lobby 3:00 Afternoon Refreshments with Piano Music by Ryan - CR	9:30 Balance Exercise Class- WR 23 10:15 Buggy Visits with Ebenezer Infants 10:30 High Tech Science Program with Ebenezer Childcare Kids - CR 1:15 Bible Study - CH 2:00 Creative Corner (Open Art) - CS 2:45 Arbor Lites Choir Practice - CR 3:30 Happy Hour - CR/Patio 6:00 Comedy Hour: I Love Lucy - TH	7:30 Special Breakfast - DR 24 9:30 SAIL Fitness Class - CR 10:30 Catholic Communion - CH *10:30 Intergenerational Event: Day Trippers Theater presents Alice in Wonderland - ECH 1:15 MacPhail Center for Music "Music for Life" Program - CR 2:00 Manicures (By Appt. - 2 nd floor) 3:00 Happy Hour - CR/Patio 6:00 Evening Movie: And So It Goes - TH	9:30 Worship Service - CR 25 11:00 Art with Heart with Artists Debbie & Sue - WR *1:00 Shopping Outing: Tuesday Morning (Burnsville) 1:30 Dime Bingo - CR 3:00 Ice Cream Treats - CR/Patio 6:30 Catholic Rosary - CH	9:30 SAIL Fitness Class - CR 26 10:30 Exploring Art with Debbie - WR 10:45 Healing Hands (Hand Massages) - Sign up at the front desk 2:00 Music by Colleen Hiebeler - CR 3:30 Happy Hour - CR/Patio 6:00 Rick Steves' Travel Series: Paris - Regal and Intimate - TH	9:30 Balance Exercise Class - CR 27 *10:30 Intergenerational Event: Beach Bash - ECH 10:45 HealthRHYTHMS Drumming Session - CR *1:00 Shopping Outing: Cub Foods (Burnsville) *2:00 Music by Lisa Murphy: Singing Cowgirl - ECH 3:00 Fresh Fruit Social - CR/Patio 6:00 Evening Movie: Breathe - TH	9:30 Arthritis Foundation Exercise DVD - CR 28 *10:45 Picnic Outing: Earley Lake (Burnsville) 1:30 Photo Stories with Erin - CS 3:00 Afternoon Refreshments - CR
9:30 Morning Devotions - CR 29 10:30 Walking Club - Meet in Lobby 1:00 Afternoon Movie - TH 1:15 Current Events - Lobby 3:00 Afternoon Refreshments - CR	9:30 Balance Exercise Class - CR 30 10:15 Buggy Visits with Ebenezer Infants - CR 10:45 "Machinery Hill" Painting with Ebenezer Preschoolers - CR 1:00 Project Veteran Pet Visits 1:15 Bible Study - CH 2:00 Creative Corner (Open Art) - CS 2:45 Arbor Lites Choir Practice-CR 3:30 Happy Hour - CR/Patio 6:00 Comedy Hour: I Love Lucy - TH	9:30 SAIL Fitness Class - CR 31 10:45 Life History Visits 12:00 Special Lunch with Ebenezer Childcare Kids - DR 2:00 Manicures (By Appt. - 2 nd floor) 2:30 Pet Visits with Charolette 3:00 Happy Hour - CR/Patio 6:00 Evening Movie: The Glass Castle - TH				

LOCATION KEY: **CH** = Arbors Chapel (1st floor); **CR** = Community Room (1st floor); **CS** = Care Suites Dining Room (1st floor); **DR** = Dining Room (1st floor); **ECH** = Ebenezer Chapel; **PDR** = Private Dining Room (1st floor); **RP** = Ridge Point Community Room; **TH** = Theater Room (1st floor); **WR** = Wellness Room (1st floor)

