Sunday Monday Tuesday Wednesday Thursday Friday Saturday 9:30 Arthritis Foundation DVD - CR 2 9:00 - 10:00 9:30 Arthritis Foundation DVD - CR 6 9:30 Morning Devotions 9:15 SAIL Fitness Class - CR 9:30 Arthritis Foundation 10:15 Buggy Visits with **Blood Pressure Clinic - CH** 10:30 Intergenerational Event: Exercise DVD - CR 10:00 Patriotic Parade with **Ebenezer Infants - CR** 9:30 SAIL Fitness Class - CR **Dog Days of Summer - ECH** 10:30 Walking Club **Ebenezer Ridges Childcare kids- CR** 10:45 "Only One You" Story and 10:45 Brain Teasers: 10:45 HealthRHYTHMS 12:00 - 2:30 - Meet in Lobby Painting with Childcare Kids 10:30 Catholic Communion - CH Happy 4th of July **Group Crossword Puzzle - CR Drumming Session - CR** Green Books Free Book Fair - CR 1:00 Afternoon Movie - TH 1:15 Bible Study - CH 1:30 Arbor Belles Women's (No MacPhail Music today) 1:00 Shopping Outing: 1:30 pm -1:15 Adult Coloring for 2:00 Patriotic Decorating **Group with Erin - CR** 2:00 Ebenezer Ridges Campus **Target (Burnsville)** 1:15 Current Events - Lobby Classic History's **Relaxation - CS** (Walkers & Wheelchairs) - CR 3:00 Patriotic Social **Ice Cream Social with Patriotic** 1:30 Wii Bowling - TH Independence Day 2:45 Arbor Lites Choir Practice-CR (with Music by Bob & Mary) - CR 3:00 Afternoon Refreshments Music by The Hi-Hats - ECH 3:00 Afternoon Refreshments 3:00 Fresh Fruit Social - CR/Patio Documentary 3:30 Happy Hour - CR/Patio with Piano Music by Ryan - CR 6:00 Rick Steves' Travel Series: - CR 6:00 Evening Movie: (Snacks will be served) - TH 6:00 Evening Movie: 6:00 Comedy Hour: French Riviera: Uniquely Chic -TH Redeemed - TH Finding Normal - TH Canada Day Independence Day I Love Lucy - TH 14 9:30 Balance Exercise Class - CR 10 9:30 SAIL Fitness Class - CR 9:30 Arthritis Foundation 9:30 SAIL Fitness Class - CR 9:30 Worship Service - CR 9:30 Morning Devotions 9:30 Balance Exercise Class - CR 10:15 Buggy Visits with Exercise DVD - CR 10:45 Healing Hands (Hand Massages) - CR 10:30 Catholic Mass - ECH 10:45 Lunch on the Lake: 10:45 HealthRHYTHMS **Ebenezer Infants - CR** - Sign up at the front desk 10:45 Photo Stories with Erin 10:30 Walking Club 1:15 MacPhail Center for Music Charlie's (Prior Lake) *10:30 Intergenerational Event: **Drumming Session - CR** 1:00 Food Forum with Bill - CR - CR - Meet in Lobby "Music for Life" Program - CR Tori's Precious Pets - ECH 1:00 Shopping Outing: 11:00 Art with Heart 2:00 Memories of the Mills Bros. 1:00 Scenic Drive: 1:15 Bible Study - CH 2:00 Manicures (By Appt. - 2nd floor) with Artists Debbie & Sue - WR Kowalski's (Eagan) 1:00 Afternoon Movie - TH Music with Monroe Wright - CR Minnesota Landscape Arboretum 2:00 Creative Corner 1:30 Wellness Presentation 2:30 Pet Visits with Charolette 1:30 Dime Bingo - CR (Chanhassen) 3:30 Happy Hour - CR/Patio 1:15 Current Events - Lobby (Open Art) - CS with Kari - CR 3:00 Happy Hour - CR/Patio 3:00 Ice Cream Treats - CR/Patio 6:00 Rick Steves' Travel Series: 1:15 Adult Coloring for 2:45 Arbor Lites Choir Practice-CR 3:00 Fresh Fruit Social - CR/Patio 6:00 Evening Movie: 3:00 Afternoon Refreshments 6:30 Catholic Rosary - CH Highlights of Paris -**Relaxation - CS** 3:30 Happy Hour - CR/Patio Priceless - TH 6:00 Evening Movie: with Piano Music by Ryan - CR 6:00 Comedy Hour: Eiffel and Monet to Crème Brûlée The King's Speech - TH 3:00 Afternoon Refreshments - CR I Love Lucy - TH - TH 9:30 SAIL Fitness Class - CR 21 9:30 Balance Exercise Class - CR 16 9:30 Worship Service - CR 9:30 Balance Exercise Class - CR **20** 9:30 SAIL Fitness Class - CR 9:30 Morning Devotions 9:30 Arthritis Foundation 10:45 Healing Hands (Hand Massages 10:15 Buggy Visits with 10:45 Northern Clay Center 11:00 Ebenezer Ridges 10:30 Intergenerational Event: - CR Exercise DVD - CR - Sign up at the front desk **Ebenezer Infants - CR Pottery Class - WR** Intergenerational Birthday Party RAD Zoo - ECH 10:30 Walking Club 1:00 Resident Forum - CR 10:45 Yard Games with Ebenezer 10:45 Brain Teasers: 11:00 Picnic & Sightseeing: - Arbors MC Community Room 10:45 HealthRHYTHMS - Meet in Lobby 2:00 Dementia Care Partners **Preschoolers - Back Patio** Minnehaha Falls (Minneapolis) **Group Crossword Puzzle - CR Drumming Session-CR** 1:15 MacPhail Center for Music 1:15 Bible Study - CH **Education Group - CH** 1:00 - 3:00 1:00 Shopping Outing: "Music for Life" Program - CR 1:00 Afternoon Movie - TH 1:15 Adult Coloring for 3:15 Happy Hour - CR 2:00 Creative Corner Social Worker Marlies V. Walmart (Burnsville) 2:30 Pet Visits with Charolette **Relaxation - CS** 4:30 Employee Appreciation (Open Art) - CS **Open Office Hours - 2nd floor** 1:30 Wii Bowlina - TH 1:15 Current Events - Lobby 3:00 Happy Hour - CR/Patio **Picnic Theme Dinner - DR** 2:45 Arbor Lites Choir Practice-CR 3:00 Fresh Fruit Social - CR/Patio 1:30 Dime Bingo - CR 3:00 Afternoon Refreshments 3:30 Happy Hour - CR/Patio 6:00 Rick Steves' Travel Series: 6:00 Evening Movie: 6:00 Evening Movie: 3:00 Afternoon Refreshments 3:00 Ice Cream Treats - CR/Patio - CR Provence - Legendary Light, 6:00 Comedy Hour: Alone Yet Not Alone - TH **The Hiding Place - TH** - CR 6:30 Catholic Rosary - CH Wind and Wine - TH I Love Lucy - TH 9:30 Balance Exercise Class-WR 28 7:30 Special Breakfast - DR 24 9:30 Balance Exercise Class - CR 27 9:30 SAIL Fitness Class - CR 9:30 Morning Devotions 10:15 Buggy Visits with 9:30 Worship Service - CR 9:30 Arthritis Foundation 9:30 SAIL Fitness Class - CR 10:30 Intergenerational Event: 10:30 Exploring Art **Ebenezer Infants** Exercise DVD - CR - CR 11:00 Art with Heart 10:30 Catholic Communion - CH Beach Bash - ECH with Debbie - WR 10:30 High Tech Science with Artists Debbie & Sue - WR 10:30 Walking Club 10:45 HealthRHYTHMS *10:30 Intergenerational Event: 10:45 Picnic Outing: 10:45 Healing Hands (Hand Massages **Program with Ebenezer** - Meet in Lobby 1:00 Shopping Outing: **Drumming Session - CR** Day Trippers Theater presents **Earley Lake (Burnsville) Childcare Kids - CR** - Sign up at the front desk **Tuesday Morning** 1:00 Shopping Outing: Alice in Wonderland - ECH 1:00 Afternoon Movie - TH 1:15 Bible Study - CH 2:00 Music by Colleen Hiebeler (Burnsville) **Cub Foods (Burnsville)** 1:30 Photo Stories with Erin 1:15 MacPhail Center for Music 2:00 Creative Corner - CR 1:15 Current Events - Lobby *2:00 Music by Lisa Murphy: "Music for Life" Program - CR 1:30 Dime Bingo - CR (Open Art) - CS 3:30 Happy Hour - CR/Patio **Singing Cowgirl - ECH** 2:00 Manicures (By Appt. - 2nd floor) 2:45 Arbor Lites Choir Practice - CR 3:00 Ice Cream Treats - CR/Patio **3:00 Afternoon Refreshments** 3:00 Afternoon Refreshments - CR 6:00 Rick Steves' Travel Series: 3:00 Fresh Fruit Social - CR/Patio 3:30 Happy Hour - CR/Patio 3:00 Happy Hour - CR/Patio 6:30 Catholic Rosary - CH with Piano Music by Ryan - CR Paris - Regal and Intimate 6:00 Comedy Hour: 6:00 Evening Movie: 6:00 Evening Movie: - TH I Love Lucy - TH **Breathe** - TH And So It Goes - TH 9:30 Balance Exercise Class - CR **30** 31 9:30 SAIL Fitness Class - CR 10:15 Buggy Visits with 9:30 Morning Devotions 10:45 Life History Visits **Ebenezer Infants - CR** - CR July 2018

Arbors at Ridges Events Calendar 10:45 "Machinery Hill" Painting 12:00 Special Lunch with 10:30 Walking Club with Ebenezer Preschoolers - CR **Ebenezer Childcare Kids - DR** - Meet in Lobby 1:00 Project Veteran Pet Visits 2:00 Manicures (By Appt. - 2nd floor) 1:15 Bible Study - CH 1:00 Afternoon Movie - TH 2:30 Pet Visits with Charolette 2:00 Creative Corner (Open Art) - CS 3:00 Happy Hour - CR/Patio 1:15 Current Events - Lobby 2:45 Arbor Lites Choir Practice-CR 6:00 Evening Movie: 3:30 Happy Hour - CR/Patio The Glass Castle - TH 3:00 Afternoon Refreshments 6:00 Comedy Hour: - CR I Love Lucy - TH

LOCATION KEY: CH = Arbors Chapel (1st floor); CR = Community Room (1st floor); CS = Care Suites Dining Room (1st floor); DR = Dining Room (1st floor); ECH = Ebenezer Chapel; PDR = Private Dining Room (1st floor); RP = Ridge Point Community Room; TH = Theater Room (1st floor); WR = Wellness Room (1st floor)