

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Activities Locations: First Floor: CL- Club Lounge CCR- Clipper Community Room DR- Dining Room DAR- Dimensions Activity Room Second Floor: SR- 2 nd Floor Sunroom Third Floor: RP- Rooftop Patio	9:15- Get Fit -FR 1 10:00- Get Fit – FR 10:30- “You be the Judge”- CL 1:00- Sing for Life w/ Paula-DAR 2:00- Craft Group(Patriotic Centerpieces)-CCR <i>Canada Day</i>	9:15- Get Fit -FR 2 10:00- Get Fit – FR 1:00- Bridge Group-CL 1:00- Women’s Prayer Group-SR 3:00- Rooftop Happy Hour & Music w/ Duke Zecco- RP 9:07- <i>Twins vs OAK</i>	9:15- Get Fit (resident lead) -FR 3 10:00- Get Fit (resident lead) – FR 2:00- Patriotic Sing Along w/ Melissa- DR 8:07- <i>Twins vs OAK</i>	9:15- Get Fit (resident lead) -FR 4 10:00- Get Fit (resident lead) – FR 1:00- Patriotic Entertainment w/ Bill Cagley- CL 3:07- <i>Twins vs OAK</i> 9:00- Watch Excelsior Fireworks on the Rooftop!-RP <i>Independence Day (US)</i>	9:15- Get Fit (resident lead) -FR 5 10:00- Get Fit (resident lead) – FR 10:00- Donuts & Fellowship-CL 10:30- Worship Service-CCR 1:00- Hand & Foot (Cards)- CL 3:00- Happy Hour- CL 7:10- <i>Twins vs TEX</i>	9:15- Get Fit (resident lead) -FR 6 10:00- Get Fit (resident lead) – FR 1:10- <i>Twins vs TEX</i> 2:00- Matinee Movie-CCR
9:15- Get Fit (resident lead) -FR 7 10:00- Get Fit (resident lead) – FR 1:10- <i>Twins vs TEX</i> 2:00- Matinee Movie-CCR	9:15- Get Fit (resident lead) -FR 8 10:00- Get Fit – FR 11:30-2-Lunch Outing to North Coop (sign up) 1:00- Sing for Life w/ Paula-DAR 2:00- Cribbage Group-CCR	9:15- Get Fit -FR 9 10:00- Get Fit – FR 1:00- Bridge Group-CL 1:00- Women’s Prayer Group-SR 3:00- Happy Hour-CL	9:15- Get Fit -FR 10 10:00- Get Fit – FR 10:30- Cub Foods Shuttle (sign up) 1:00- Residents Meeting-CCR 2-3:30- Rooftop Summer Series Concert w/ Jeff Carver- RP	9:15- Get Fit -FR 11 10:00- Get Fit – FR 10:00- Excelsior Library Visit-CL 10:30- Wellness Virtual Reality Session (Sign up for session)-CL 2:30- Birthday Party! (Cake & Music w/ Barbara Lee)-DR	9:15- Get Fit(resident lead) -FR 12 10:00- Get Fit (resident lead) – FR 10:00- Donuts & Fellowship-CL 10:30- Worship Service-CCR 1:00- Hand & Foot (Cards)-CL 3:00- Happy Hour- CL 6:10- <i>Twins vs CLE</i>	9:15- Get Fit (resident lead) -FR 13 10:00- Get Fit (resident lead) – FR 2:00- Matinee Movie-CCR 6:10- <i>Twins vs CLE</i>
9:15- Get Fit (resident lead) -FR 14 10:00- Get Fit (resident lead) – FR 12:10- <i>Twins vs CLE</i> 2:00- Matinee Movie-CCR	9:15- Get Fit -FR 15 10:00- Get Fit – FR 1:00- Sing for Life w/ Paula-DAR 2:00- Craft Group (summertime step by step painting)-CCR	9:15- Get Fit (resident lead) -FR 16 10:00- Get Fit – FR 10:30- Target Shopping Shuttle (sign up) 1:00- Bridge Group-CL 1:00- Women’s Prayer Group-SR 3:00- Rooftop Happy Hour & Music w/ Alison Dunser-RP 7:10- <i>Twins vs NYM</i>	9:15- Get Fit (resident lead) -FR 17 10:00- Get Fit (resident lead) – FR 10:00- Music w/ Colleen-DAR 1:00- Quilt Dedication Ceremony-DAR 12:10- <i>Twins vs NYM</i> 2:00- Bingo- DR	9:15- Get Fit (resident lead) -FR 18 10:00- Get Fit – FR 11:30-2pm Lunch Outing to Tommy’s Malt Shop w/ Gordon (sign up) 2:30- Quicksilver Concert! –DR 7:10- <i>Twins vs OAK</i>	9:15- Get Fit -FR 19 10:00- Get Fit – FR 10:00- Donuts & Fellowship-CL 10:30- Worship Service-CCR 1:00- Hand & Foot (Cards)-CL 3:00- Happy Hour- CL 7:10- <i>Twins vs OAK</i>	9:15- Get Fit (resident lead) -FR 20 10:00- Get Fit (resident lead) – FR 2:00- Matinee Movie-CCR 6:10- <i>Twins vs OAK</i>
9:15- Get Fit (resident lead) -FR 21 10:00- Get Fit (resident lead) – FR 1:10- <i>Twins vs OAK</i> 2:00- Matinee Movie-CCR	9:15- Get Fit -FR 22 10:00- Get Fit – FR 10:30- “You be the Judge”- CL 11:30-2- Lunch Outing to Lola’s Lake House (sign up) 1:00- Sing for Life w/ Paula-DAR 2:00- Cribbage Group- CCR 7:10- <i>Twins vs NYY</i>	9:15- Get Fit -FR 23 10:00- Get Fit – FR 10:30- Cub Foods Shopping Shuttle (sign up) 1:00- Bridge Group-CL 1:00- Women’s Prayer Group-SR 3:00- Happy Hour-CL 7:10- <i>Twins vs NYY</i>	9:15- Get Fit -FR 24 10:00- Get Fit – FR 10:45-2:00- Paradise Charter-Lake Minnetonka Sightseeing Cruise Outing (Sign up) 3-4- New Residents Social-CL 7:10- <i>Twins vs NYY</i>	9:15- Get Fit -FR 25 10:00- Get Fit – FR 10:30- Wellness Virtual Reality Session (Sign up for session)-CL 2:00- Kinect Bowling-CCR 7:10- <i>Twins vs CWS</i>	9:15- Get Fit -FR 26 10:00- Get Fit – FR 10:00- Donuts & Fellowship-CL 10:30- Worship Service-CCR 1:00- Hand & Foot (Cards)-CL 3:00- Happy Hour- CL 7:10- <i>Twins vs CWS</i>	9:15- Get Fit (resident lead) -FR 27 10:00- Get Fit (resident lead) – FR 2:00- Matinee Movie-CCR 6:10- <i>Twins vs CWS</i>
9:15- Get Fit (resident lead) -FR 28 10:00- Get Fit (resident lead) – FR 1:10- <i>Twins vs CWS</i> 2:00- Matinee Movie-CCR	9:15- Get Fit -FR 29 10:00- Get Fit – FR 11:30-2pm- Lunch Outing to Houlihan’s (sign up) 1:00- Sing for Life w/ Paula-DAR 2:00- Cribbage Group-CCR	9:15- Get Fit -FR 30 10:00- Get Fit – FR 1:00- Bridge Group-CL 1:00- Women’s Prayer Group-SR 2-4:30- Queens Lifestyle Boutique w/ Latoya- RP 3:00- Rooftop Happy Hour & Music w/ Fred Montana- RP 6:10- <i>Twins vs MIA</i>	9:15- Get Fit -FR 31 10:00- Get Fit – FR 10:30- Target Shopping Shuttle (sign up) 2:00- Bingo- CCR 2:45-4:15- Shorewood Suds: Excelsior Brewery Outing (sign up) 6:10- <i>Twins vs MIA</i>	<h1>July 2019</h1> <h2>Shorewood Landing Activities Calendar</h2>		

Activities are subject to change in time and place. Please refer to the activity sheets posted daily. For more group activities, please refer to the Dimensions Activity calendar.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALTERNATIVE MENU: Grilled cheese sandwich Chef Salad with fruit Grilled Hamburger Grilled chicken Sandwich All served with Potato Chips and fresh Fruit Check with chef for Potato and Vegetable of the Day	1 BLT Salad Breadstick Grapes Teriyaki Glazed Sirloin Steak Risotto Yellow Beans <small>Canada Day</small>	2 Beer Battered Fish & Chips Tartar Sauce Coleslaw Chicken Thighs in Mushroom Sauce Buttermilk Mashed Potatoes Garlic & Fennel Roasted Vegetable	3 Pork & Peach Salsa Sandwich Citrus Couscous Salad Chips BBQ Meatballs Roasted Potatoes Wilted Collard Greens	4 BBQ Burgers, Pasta Salad Potato wedge and Water melon Sweet & Sour Pork White Rice Fortune Cookie <small>Independence Day (US)</small>	5 Pepperoni Pizza Pasta Salad Fresh Fruit Shrimp & Tortellini in Tomato Cream Sauce Sweet Peas Garlic Toast	6 Chicken Tenders French Fries Carrot & Celery Sticks with Creamy Herb Dip Tator Tot Hot Dish Vegetable Medley Whole Wheat Dinner Roll
7 Baked Chicken Roasted Potatoes Green Beans Ham and Cheddar on a Croissant Cole Slaw & Veggie sticks	8 Shrimp Taco Salad Napa Slaw, Avocado Cream & Pineapple Salsa Fresh Pineapple Roast Beef with Mashed Potatoes and Gravy Vegetable Medley	9 Open face Hot Roast beef On white bread, Mashed Potatoes and gravy Ambrosia Salad Oven Fried Chicken Stuffed Baked Potatoes Sweet Buttered Corn	10 Triple Grilled Cheese Sandwich Tomato and Mozzarella Salad with Balsamic Reduction Fresh Oranges Homestyle Meatloaf Scalloped Potatoes Teriyaki Sautéed Green Beans	11 Grilled Turkey Salad with Bacon and Goat Cheese Fresh Melon Dinner Roll Beer Braised Pork Shoulder Roasted Root Vegetables	12 BBQ Hot Dog, Pulled Pork Potato Salad, slaw and Baked Beans White Fish with Butter Baby Red Potatoes Steamed Broccoli	13 Southwest Steak Salad Cornbread Muffin Watermelon Chicken Thighs Supreme Rice Pilaf with Garden Vegetables
14 Beef Burgundy Served over Mashed Potatoes Honey Glazed Carrots Coconut Chicken Tenders with Orange Marmalade Horseradish Sauce Caesar Salad	15 Biscuit & Sausage Gravy Scrambled Eggs Lasagna Zucchini and Yellow Squash Parmesan Bread Sticks	16 BLT w/ Applewood Bacon Homemade Potato Salad Fresh Pineapple Slice Roasted Turkey w/ Cranberry Sauce Baked Sweet Potatoes Roasted Asparagus	17 Traditional Chicken Salad on Fresh Cantaloupe Ring Red Grapes Fresh Baked Dinner Roll BBQ Baby Back Pork Ribs Baked Potatoes w/ Sour Cream Steamed Broccoli	18 California Burger Lettuce, Tomato French Fries Fresh Fruit Chicken Roulade White Rice Sweet Peas	19 Egg Salad Croissant Multi Grain Chips Fresh Fruit Shrimp Scampi Linguini Italian Style Vegetables Garlic Bread	20 Strawberry Cream Stuffed French Toast Bacon Slices Mixed Berries Teriyaki Glazed Pork Tenders, Baby Reds Acorn Squash
21 Pot Roast Mashed Potatoes and Gravy Honey Glazed Carrots Crab Salad On Fresh Greens, Grapes, Melons and Fresh Strawberries Bread Stick	22 Italian Meat & Cheese Hoagie On a Soft Bun Pasta Salad Fresh Fruit Fried Mandarin Shrimp Cheesy Potatoes Sweet Peas	23 Chicken Pot Pie Spinach Salad with Hot Bacon Dressing Center Cut Pork Chops with Mushroom Gravy Garlic Buttermilk Mashed Potatoes Sweet Buttered Corn	24 Spinach & Cheese Quiche Apple Muffins Melon Slices Roasted Beef Loin With Béarnaise Sauce Baked Potato with Sour Cream California Blend Vegetables	25 Chili Macaroni Corn Bread Fresh Fruit Orange Glazed Ham Au Gratin Potatoes Steamed Broccoli and Cauliflower	26 BBQ Pork Ribs, Corn on a cob, Mac & Cheese & Brats Lasagna Zucchini and Yellow Squash Parmesan Bread Sticks	27 Grilled Turkey Salad w/ Bacon and Goat Cheese Sweet Potato Fries Carrot & Celery Sticks w/ Creamy Herb Dip Smoked Kielbasa & Fried Onions Parsley Buttered Potatoes & Carrots
28 Smoked BBQ Beef Brisket Twice Baked Potato Green Beans Almandine Chicken Alfredo Steamed Broccoli Garlic Breadstick	29 Smoked Salmon Caesar Salad Baked wheat Roll Grapes Teriyaki Glazed Sirloin Steak Risotto Yellow Beans	30 Beer Battered Fish & Chips Tartar Sauce Coleslaw Chicken Thighs in Mushroom Sauce Buttermilk Mashed Potatoes Garlic & Fennel Roasted Vegetable	31 Pork & Peach Salsa Sandwich Citrus Couscous Salad Chips BBQ Meatballs Roasted Potatoes Wilted Collard Greens	 <h1>July 2019</h1> <p>Dining Room Hours: Breakfast, 730am-930am, Lunch, 1130am-1pm, Supper, 430pm-630pm Breakfast Buffet, Tuesdays & Thursday, 8am-9:30am.</p>		

Shorewood Landing Menu