

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

May 2018

Arbors at Ridges

<p>9:30 SAIL Fitness Class - CR 10:30 Catholic Communion - CH 10:30 Older American's Month: Feather Project Photos - CR 11:45 Lunch with Ebenezer Preschoolers - DR 1:15 MacPhail Center for Music "Music for Life" Program - CR 2:00 Manicures (By Appt. - 2nd floor) 2:30 Pet Visits with Charolette 3:00 Happy Hour - CR 6:00 Evening Movie: 6 Below: Miracle on the Mountain - TH <small>May Day</small></p>	<p>9:30 SAIL Fitness Class - CR 9:30 Ebenezer Memorial Service - CR 10:45 Northern Clay Center Pottery Class - WR *11:45 Lunch Outing: Mediterranean Cruise Café (Burnsville) 1:30 Dime Bingo - CR 3:00 Hawaiian Happy Hour - CR 6:30 Catholic Rosary - CH</p>	<p>9:30 Arthritis Foundation Exercise DVD - WR (No SAIL Fitness today) 11:00 - 1:00 Cinco de Mayo Fire Dept. Fundraiser Luncheon-DR 2:00 Arbor Belles Women's Group with Erin - CR 3:15 Happy Hour - CR 6:00 Rick Steves' Travel Series: England's Cornwall - TH</p>	<p>9:00 On-Site Podiatry Clinic-WR 9:30 <i>Balance</i> Exercise Class - CR 10:45 HealthRHYTHMS Drumming Session - CR *1:00 Shopping Outing: Target (Burnsville) 1:30 Wellness Presentation with Kari - CR 3:00 Fresh Fruit Social - CR 6:00 Evening Movie: Champion - TH</p>	<p>9:30 Arthritis Foundation Exercise DVD - CR 10:45 Heart Walk & Talk (In support of The American Heart Association) - Meet in Lobby 1:15 Life Legacies with Erin - CR 3:00 Afternoon Refreshments - CR <small>Cinco de Mayo</small></p>		
<p>6 9:30 Morning Devotions - CR 10:30 Morning Walking Club - Meet in Lobby 1:10 <i>MN Twins vs. White Sox</i> - TH 3:00 Afternoon Refreshments - CR</p>	<p>7 9:30 <i>Balance</i> Exercise Class - CR *10:30 Intergenerational Event: Music by Teddy Bear Band - ECH 1:15 Bible Study - CH 2:00 Adult Coloring for Relaxation - CS 2:45 Arbor Lites Choir Practice - CR 3:30 Happy Hour - CR 6:00 Comedy Hour: The Andy Griffith Show - TH</p>	<p>8 9:00 On-Site Hearing Clinic-WR 9:30 Arthritis Foundation Exercise Class - CR *10:30 Catholic Mass - ECH 1:15 MacPhail Center for Music "Music for Life" Program - CR 2:00 Manicures (By Appt. - 2nd floor) 2:30 Pet Visits with Charolette 3:00 Happy Hour - CR 6:00 Evening Movie: Music of the Heart - TH</p>	<p>9 "EBENEZER SPIRIT" Day! 9:30 "Blessing of the Hands" Worship Service - CR 11:00 Art with Heart with Artists Debbie & Sue - WR *11:00 Fire Dept. Fundraiser Lunch Outing: Applebee's (Burnsville) 1:00 - 3:00 Social Worker Marlies V. Open Office Hours - 2nd floor 1:30 Dime Bingo - CR 3:00 Banana Split Social - CR 6:30 Catholic Rosary - CH</p>	<p>10 9:00 - 10:00 Wellness Clinic - WR 9:30 SAIL Fitness Class - CR *10:45 Ebenezer Ridges Spring Boutique - Care Center 1:15 Welcoming Committee Meeting - CH 2:00 Music by Dragonfly - CR 3:30 Happy Hour - CR 6:00 Rick Steves' Travel Series: Southeast England - TH</p>	<p>11 9:30 <i>Balance</i> Exercise Class - CR 10:45 HealthRHYTHMS Drumming Session - CR *1:00 Shopping Outing: Cub Foods (Burnsville) *2:00 Live Comedy Show by Looney Lutherans - ECH 3:00 Fresh Fruit Social - CR 6:00 Evening Movie: No Greater Love - TH</p>	<p>12 9:30 Arthritis Foundation Exercise DVD - CR 1:15 Current Events - Lobby 2:00 500 Card Game - CS 3:00 Afternoon Refreshments - CR</p>
<p>13  9:30 Morning Devotions - CR 10:30 Morning Walking Club - Meet in Lobby 3:00 <i>MN Twins vs. Indians</i> - TH 3:00 Mother's Day Social - CR <small>Mother's Day</small></p>	<p>14 9:30 <i>Balance</i> Exercise Class - CR 10:45 Morning Greetings from the Preschoolers 1:15 Bible Study - CH 2:00 Adult Coloring for Relaxation - CS (No Arbor Lites Choir Practice) 3:00 Happy Hour - CR 6:00 Comedy Hour: The Andy Griffith Show - TH</p>	<p>15 9:30 SAIL Fitness Class - CR *11:00 Ebenezer Ridges Intergenerational Birthday Party - Arbors MC Community Room 1:15 MacPhail Center for Music "Music for Life" Program - CR 2:30 Pet Visits with Charolette 3:00 Happy Hour - CR *3:45 Catholic Mass - ECH 6:00 Evening Movie: Raising Izzie - TH</p>	<p>16 "OLD WEST" Day! *9:30 Ebenezer Campus Worship Service featuring St. John the Baptist Choir - ECH 10:45 Northern Clay Center Pottery Class - WR 11:30 "Old West" Grilled Lunch - DR *1:00 Shopping Outing: Target (Burnsville) 1:30 Dime Bingo - CR 3:00 Happy Trails Social - CR 6:30 Catholic Rosary - CH <small>First Day of Ramadan</small></p>	<p>17 9:00 - 11:00 Miracle Ear Hearing Clinic - WR 9:30 Arthritis Foundation Exercise Class - CR 10:45 HealthRHYTHMS Drumming Session - CR 1:00 Resident Forum - CR 2:00 Grief Support Group with Chaplain Chris - CH 3:15 Happy Hour - CR 6:00 Rick Steves' Travel Series: West England - TH</p>	<p>18 9:30 Arthritis Foundation Exercise DVD - CR *10:15 Picnic Outing with Ebenezer Preschool Graduates: Crystal Beach Park (Burnsville) 1:30 Wii Bowling - TH *2:30 Ebenezer Ridges Campus Royal Wedding Event - ECH 3:00 Fresh Fruit Social - CR 6:00 Evening Movie: Catching Faith - TH</p>	<p>19 9:30 Arthritis Foundation Exercise DVD - CR 10:45 War & Peace Discussion - CR 1:15 Life Legacies with Erin - CR 3:00 Afternoon Refreshments - CR <small>Armed Forces Day</small></p>
<p>20 9:30 Morning Devotions - CR 10:30 Morning Walking Club - Meet in Lobby 1:10 <i>MN Twins vs. Brewers</i> - TH 3:00 Afternoon Refreshments - CR <small>First Day of Shavuot</small></p>	<p>21 9:30 <i>Balance</i> Exercise Class - CR 10:45 Baccalaureate Program with Ebenezer Preschool Graduates - CR 1:15 Bible Study - CH 2:00 Adult Coloring for Relaxation - CS 2:45 Arbor Lites Choir Practice - CR 3:30 Happy Hour - CR 6:00 Comedy Hour: The Andy Griffith Show - TH</p>	<p>22 9:30 Arthritis Foundation Exercise Class - CR 10:30 Catholic Communion - CH 12:00 Pizza Lunch with Ebenezer Preschoolers - CR 1:15 MacPhail Center for Music "Music for Life" Program - CR 2:00 Manicures (By Appt. - 2nd floor) 2:30 Pet Visits with Charolette 3:00 Happy Hour - CR 6:00 Evening Movie: 17 Miracles - TH</p>	<p>23 "SPORTS" Day! 9:30 Worship Service - CR 11:00 Art with Heart with Artists Debbie & Sue - WR 1:00 - 3:00 Social Worker Marlies V. Open Office Hours - 2nd floor *1:00 Shopping Outing: Macy's (Burnsville) 1:30 Dime Bingo - CR 3:00 Take Me Out to the Ballgame Social - CR 6:30 Catholic Rosary - CH</p>	<p>24 9:30 SAIL Fitness Class - CR 10:30 Exploring Art with Debbie - WR 10:45 Healing Hands (Hand Massages) - Sign up at the front desk 2:00 Music by Amy & Adam - CR 3:30 Happy Hour - CR 6:00 Rick Steves' Travel Series: London: Historic and Dynamic - TH</p>	<p>25 9:30 <i>Balance</i> Exercise Class - CR 10:45 HealthRHYTHMS Drumming Session - CR *1:00 Shopping Outing: Cub Foods (Burnsville) 1:30 Wii Bowling - TH 3:00 Fresh Fruit Social - CR 6:00 Evening Movie: The Amazing Grace - TH</p>	<p>26 9:30 Arthritis Foundation Exercise DVD - CR 1:15 Current Events - Lobby 2:00 500 Card Game - CS 3:00 Afternoon Refreshments - CR</p>
<p>27 9:30 Morning Devotions - CR 10:30 Morning Walking Club - Meet in Lobby 3:00 Afternoon Refreshments - CR 3:10 <i>MN Twins vs. Mariners</i> - TH</p>	<p>28 9:30 Arthritis Foundation Exercise DVD - CR 1:15 Bible Study - CH 2:00 Afternoon Movie: Memorial Day - TH <small>Memorial Day</small></p>	<p>29 9:30 SAIL Fitness Class - CR 10:45 Community Outreach Project with Harriet Bishop Elementary Students - CR (No MacPhail Program today) 1:30 Craft with Shari: Springtime Door Decorations - CR 2:30 Pet Visits with Charolette 3:00 Happy Hour - CR 6:00 Evening Movie: Finding Normal - TH</p>	<p>30 "PATRIOTIC" Day! *10:30 Blessing of the Bikes Ebenezer Campus Worship Service - Arbor Lane Parking Lot 10:45 Northern Clay Center Pottery Class - WR *1:00 Scenic Drive: Minnehaha Parkway / West River Road 1:30 Dime Bingo - CR 3:00 Patriotic Parfait Social - CR 6:30 Catholic Rosary - CH</p>	<p>31 9:30 SAIL Fitness Class - CR 10:00 Project Veteran Pet Visits 10:45 Healing Hands (Hand Massages) - Sign up at the front desk 1:30 Craft with Shari: Springtime Door Decorations (Continued from Tuesday) - CR 3:15 Happy Hour - CR 6:00 Rick Steves' Travel Series: North England's Lake District and Durham - TH</p>	<p>Events marked with an asterisk (*) will take place in other areas of Ebenezer Ridges campus or out in the community.</p> <p>To board the free shuttle/outing bus, please sign up at the front desk and report to the lobby 30 minutes prior to the scheduled time for each event.</p>	

LOCATION KEY: **CH** = Arbors Chapel (1st floor); **CR** = Community Room (1st floor); **CS** = Care Suites Dining Room (1st floor); **DR** = Dining Room (1st floor); **ECH** = Ebenezer Chapel; **MC** = Arbor Lane Memory Care; **PDR** = Private Dining Room (1st floor); **RP** = Ridge Point Community Room; **TH** = Theater Room (1st floor); **WR** = Wellness Room (1st floor)