

Community Spotlight

News from your Ebenezer Community

EBENEZER RIDGE POINT APARTMENTS

February 2020

Manager's Notes

From Denise Bierle Svec

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After Hours Assistance:

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International Potluck



Food brings people together
on many different levels.

It's nourishment
of the soul and body:
it's truly love.

-Giada De Laurentiis

TOGETHER IS WHERE THE MAGIC LIVES.

February . . .

- **Sunday, February 2**
~ Groundhog Day
- **Friday, February 14**
~ Valentine's Day
- **Monday, February 17**
~ President's Day
- **Tuesday, February 25**
~ Fat Tuesday
- **Wednesday, Feb. 26**
~ Ash Wednesday

Ridge Point International Potluck – Thursday, February 20 at 5 pm – What part of the world did your people come from? What family recipe brings back memories and is still enjoyed by your family today? Let's come together and share food from our heritage. Guests are welcome. Please complete the enclosed International Potluck flyer and return the bottom half to the office by Wednesday, Feb. 12

Your 2019 Certificate of Rent Paid (CRP) Delivered January 28

You will need this CRP form along with the other 2019 tax-related documents for the MN Rent Refund process. AARP volunteers will be at Ridge Point on Monday, March 9 from 9 am – 1 pm to provide assistance with MN rent refund preparation. Please sign-up on the RP 1st Fl. bulletin board.

FREE Tai Ji Quan Exercise Class – every Monday and Wednesday at 10:30 am in the Ridge Point community room for 12 weeks. This is an evidence based fall prevention program that uses martial arts movements to improve strength, balance, mobility and daily functioning.

Calling all Wedding Photos! In celebration of the month of LOVE, we will be honoring all past & present lovebirds with a Ridge Point wedding photo contest! Please submit your favorite wedding photo by Monday, February 3 to the office. Photos will be displayed in the Community Room for the month of February. The photos will be numbered, and Ridge Point residents will have the opportunity to name each couple! Blank answer sheets will be available to be completed and returned by Thursday, February 13th. The answers will be revealed at the February All Resident Meeting on Tuesday, February 18, and a prize will be given to the person with the most correct answers!

Resident Services

From Victoria Sliva

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Guest Speaker Presentation: Thursday February 20th at 1:30 pm

Topic: SNAP-Supplemental Nutrition Assistance Program

Speaker: Emily Bowman, SNAP outreach specialist Second Harvest

Emily will be here to talk about SNAP and the benefits for each person. SNAP formerly known as Food Stamps, helps Minnesotans with low incomes get the food they need for nutritious and well-balanced meals. The program provides support to help stretch your household food needs, it is a supplement. Come hear about the benefits of applying and see if you might qualify for this benefit.

Resources

AARP Rent Rebate Assistance will be at Ridge Point on Monday, March 9th from 9-1. A sign up is on the 1st floor bulletin board. As a reminder, if you will be filing a rent rebate make sure that you collect and save all 2019 tax documents that come to you. The end of February the AARP tax volunteer will be dropping of forms necessary for you to complete before the AARP rent rebate clinic. You will be given the form with a reminder of the time you are signed up for and what to bring with you. Please complete the form and have all your documents needed prior to your appointment.

Special Events

First Floor Bulletin Board includes Sign-Up Sheets and event details.

~ Tai Ji Quan Class Begins – Mon & Wed at 10:30 am ~

- **Mon, Feb. 3 at 1-3 pm** – Ridges Campus Art w/ Heart Exhibit – chap
- **Tuesday, Feb. 4 at 10:30 am** – Alterations Services – RP
- **Thursday, Feb. 6 at 1:30 pm** – Visit with Victoria – RP
- **Friday, Feb. 7 ay 2 pm** – Music by CODA - chapel
- **Mon., Feb. 10 at 9:30 am**–Coffee & Devotions w/ Chaplain Darin-RP
- **Tuesday, Feb. 11 at 10:30 am** – Writing With Peter - RP
- **Tues, Feb. 11 at 2:30 pm** – Piano Music by John Bury - chapel
- **Wed, Feb.12 at 1 pm** – Eb Shopping to Target– RP
- **Thursday, Feb. 13 from 11 am- 1 pm** – EAC Sloppy Joe Lunch – CC
- **Thursday, Feb. 13 at 3:00 pm** – Activity Planning Meeting – RP
- **Friday, Feb. 14 at 10:00 am** – Art with Heart with Debbie – RP
- **Friday, Feb. 14 at 2 pm** – Music by Bill Cagley – chapel
- **Monday, Feb. 17 at 10:45 am** – Lunch Outing for Juicy Lucy's - RP
- **Tuesday, Feb. 18 at 12:30 pm** – NAPS – RP
- **Tuesday, Feb. 18 at 2:30 pm** – All Resident Meeting followed by February Birthday Party- RP
- **Wednesday Feb. 19at 3:15 pm** – MacPhail Music Appreciation – RP
- **Thursday, Feb. 20 at 1:30 pm** – Guest Speaker: SNAP – RP
- **Thursday, Feb. 20 at 2:30 pm** – Accordion Music - chapel
- **Thursday, Feb. 20 at 5 pm** – INTERNATIONAL POTLUCK - RP
- **Friday, Feb. 21 at 2 pm** – Presentation: WCCO radio – chapel
- **Tuesday, Feb. 25 at 10 am** – Mardi Gras Music - chapel
- **Wed, Feb. 26 at 1 pm** – Eb Shopping to Walmart – RP
- **Thurs, February 27 at 10 am** – Memories – RP
- **Friday, Feb. 28 at 10:00 am** – Art with Heart with Debbie – RP