

# Community Spotlight

*News from your Ebenezer Community*

## ***EBENEZER RIDGE POINT APARTMENTS***

*September 2018*

### **Manager's Notes**

*From Denise Bierle Svec*

[dbierle2@fairview.org](mailto:dbierle2@fairview.org)

952-898-1989

NEW After Hours Assistance:

612-384-7938



Each season has its own wonder, its own special place and purpose in the pattern of creation.

-Author Unknown

### **September . . .**

- Labor Day ~  
Monday, Sept. 3
- Burnsville Fire Muster Community Celebration ~  
September 5-8
- Grandparents Day ~  
Monday, September 10
- Twin Cities Alzheimer's Walk ~ Saturday,  
September 15
- Blessing of the Animals ~  
Wednesday, September 26  
at 10:30 am - chapel

**Burnsville's Fire Muster Community Parade** is Saturday, September 8 at 11 am. Parade route goes west on 130<sup>th</sup> Street to Nicollet Avenue (get there early and park in the Faith Covenant Church parking lot).

**Twin Cities Annual Alzheimer's Association Walk to End Alzheimer's is Saturday, September 15** - the world's largest event to raise awareness and funds for Alzheimer's care, support and research. Alzheimer's Disease is an epidemic. Here are some Alzheimer's facts:

- One in three seniors dies with Alzheimer's or another dementia.
- Alzheimer's disease is the 6<sup>th</sup> leading cause of death in the US.
- More than 5 million American's are living with disease.
- In the US someone develops Alzheimer's every 65 seconds.

The morning of Thursday, September 13, the Ebenezer Ridges Campus will be selling **Muffins 4 Memories** (see attached flyer for details) – all proceeds will go to the Alzheimer's Association.

**Annual Exterior Window Cleaning** – Tuesday, September 11 starting at 9 am. Please see the enclosed information for more details.

**Ridge Point's Annual Apartment Inspections** are scheduled for the October 16, 17 and 18 from 1-2:30 pm each day.

Annual apartment inspections are completed for three reasons:

1. Monitor for apartment upkeep,
2. Prevent safety hazards, and
3. Determine possible need for maintenance repairs

Please refer to the attached inspection checklist for more information.

### **September Vacations:**

- Dennis from Maintenance will be on vacation September 14-24.
- Denise from the office will be on vacation Sept. 26-October 1.

## Resident Services

From Victoria Sliva

[vsliva1@fairview.org](mailto:vsliva1@fairview.org)

952-898-2052

### Guest Speaker Presentation: Thursday Sept. 27, 2018 at 1:30 pm.

**Topic:** Fall Prevention

**Speaker:** Senior LinkAge Line Metropolitan Area Agency on Aging  
Approximately ¼ of people 65 and older fall each year and falls are preventable. This presentation provides easy strategies to minimize risks for falls. We will offer tips to help people prevent falls including: easy modifications that can make homes safer; ways to still enjoy the outdoors; the importance of foot care; exercise and ways to stay active; knowing your medication, and taking care of your eyes. We introduce people to evident-based falls prevention programs and explain how the Senior LinkAge Line can provide resources to support healthy aging.

## Resources

**CAP Agency's Energy Assistance Program (EAP)** helps eligible households maintain affordable, continuous and safe home energy. CAP services include bill payment assistance, home energy crisis intervention, outreach, energy advocacy, information about utility consumer rights, and referrals. Applications for Energy Assistance are accepted from October 1 to May 31. An Energy Assistance application is used for determining eligibility for all components of EAP. Please see Victoria if you are interested in applying for this benefit after the new applications are released.

**Medicare On Campus Flu Shots** – Wednesday, October 3 from 8:30-10 am in the Arbor Lane Dining Room. Sign up on bulletin board and see Denise or Victoria for paperwork.

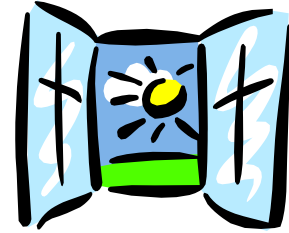
## Special Events

First Floor Bulletin Board includes Sign-Up Sheets and event details.

- Monday, Sept. 3 at 5 pm – Labor Day Potluck – RP
- Tuesday, Sept. 4 at 10 am – Grocery Transportation Meeting - RP
- Wed., Sept. 5 at 10 am – St. Croix Riverboat Lunch Outing – RP
- Thurs, Sept. 6 at 11 am – Cello Music - chapel
- Friday, Sept. 7 at 10:15 am – Coffee & Creativity: “Marbling” – RP
- Friday, Sept. 7 at 2 pm – Music by CODA – chapel
- Monday, September 10 at 3:00 pm – Activity Planning Meeting – RP
- Tuesday, Sept. 11 starting at 9 am – Exterior Windows Washed – RP
- Tuesday, Sept. 11 at 11 am – Alterations Services – RP
- Thursday, Sept. 13 from 8:30-10 am – Muffins 4 Memories Fundraiser for Alzheimer’s Association - RP
- Thursday, Sept. 13 at 10:30 am – Writing With Peter - RP
- Friday, Sept. 14 from 9 am – 3 pm - \$6 Sale - chapel
- Friday, Sept. 14 at 10:15 am – Coffee & Creativity: *Backyard Paint by Numbers* – RP Patio
- Tuesday, Sept. 18 at 1:30 pm – NAPS – RP
- Tuesday, Sept. 18 at 3:00 pm – All Resident Meeting – RP
- Thursday, Sept. 20 at 10:00 am – Memories – RP
- Thursday, Sept. 20 at 1 pm – MacPhail Music Appreciation – RP
- Monday, Sept. 24 at 10:30 am – Music with Toddlers – RP
- Tuesday, Sept. 25 at 2 pm – Visit with Victoria - RP
- Wednesday, Sept. 26 at 10:30 am – Blessing of the Animals - chapel
- Thurs, Sept. 27 at 1:30 pm – Guest Speaker: Fall Prevention – RP

September 2018

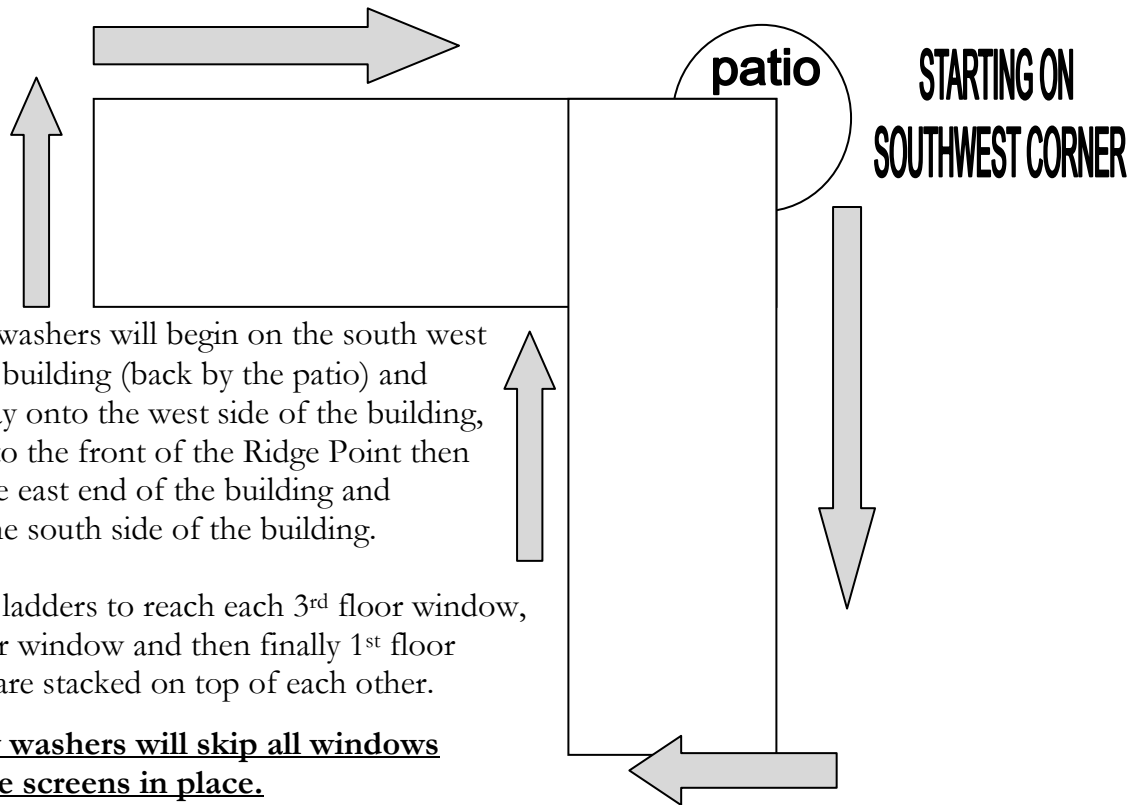
TO: Ridge Point Residents



● FROM: Denise Bierle Svec, Manager

RE: ANNUAL EXTERIOR WINDOW CLEANING  
TUESDAY, SEPTEMBER 11 AT 9 AM

- In order for the outside lower half of your windows to get cleaned, the screens must be removed. While you have your screens out, you may want to spray/clean your screens in your bathroom shower and wipe out your window track.
- Between 12:30 – 1:30 p.m. on Monday, September 10, Dennis and I will be going door to door to remove screens where assistance is needed. **If you need assistance removing your screens, please complete the note below & return to the office by FRIDAY, SEPTEMBER 7.** In order for us to assist in the removal of screens, you must provide us clear access to your windows so **all furniture and items displayed in or around your windows must be removed.**



- The window washers will begin on the south west corner of the building (back by the patio) and work their way onto the west side of the building, then around to the front of the Ridge Point then around to the east end of the building and then finally the south side of the building.
- They will use ladders to reach each 3<sup>rd</sup> floor window, then 2<sup>nd</sup> floor window and then finally 1<sup>st</sup> floor window that are stacked on top of each other.
- **The window washers will skip all windows that still have screens in place.**

Once the window washing has been completed, Dennis and I will be available on Wednesday afternoon to help with re-installing screens. **Please leave your screens outside your apartment door as a signal that you need assistance with re-installing your screens.**

If you have any questions, please contact the office. Thank you for your cooperation.

[ ] Yes, I need help with removing my screens so my windows can be washed.  
**I understand that I must remove all furniture/items in or around my windows and window sills.**

RESIDENT \_\_\_\_\_

APT. \_\_\_\_\_